Nurturing a Creative Mindset

A Project in
Creative Studies

by

Ismet Mamnoon

Submitted in Partial Fulfillment
of the Requirements
for the Degree of

Master of Science
May 2013

Dates of Approval:

3/6/13

03/06/13

Dr. Cyndi Burnett
Assistant Professor

Ismet Mamnoon
Student
ABSTRACT OF PROJECT

Nurturing a Creative Mindset

Anyone can make a shift to a more creative mindset by making small but deliberate changes in their thinking and attitude. The Creativity Cards provide a number of simple activities and prompts that heighten awareness around creativity skills and help individuals make the changes that make them more mindful, open to novelty, tolerant of ambiguity, playful, visionary, able to sense gaps, flexible, fluent and original when generating ideas and willing to allow for incubation. These skills are identified through a detailed review of skill sets related to Creative Problem Solving and Torrance’s creativity skill set.