Thank you for your time & willingness!
Please share how this info-experience influenced you; a perception, a choice, a change, or an unexpected direction.
feedback@stephaniebelhomme.com

Helpful Reading & Interesting Resources
(In Addition to Works Noted in References List):

- Square One at 51: What I Did the Day After I Buried My Life - Hedria Lunken; WME Books 2007
- Anatomy of an Illness as Perceived by the Patient – Norman Cousins; W. W. Norton & Company, Inc. 1979

Bibliographic References:


Bolles, R. N. (2009). The job-hunter’s survival guide: How to find hope and rewarding work, even when “there are no jobs.” New York, NY: Ten Speed Press.


https://www.chronicdisease.org/ - National Association of Chronic Disease Directors

https://www.fightchronicdisease.org/ - Partnership to Fight Chronic Disease

https://www.pnirs.org/index.cfm - PsychoNeuroImmunology Research Society


Kleiner, A. (2011). The thought leader interview: Meg Wheatley – an expert on innovative leaderships warns that too many companies are reverting to fear-driven management. Instead, executives should hold to their values and build healthy corporate communities.” *Strategy & Business,* Winter 2011 (65), 80-90.

Loewen, G., & Schultz, S. *Rest & Renew for Life: A Meditation* [CD]. Buffalo, NY: Roswell Park Cancer Institute Department of Pastoral Care.


**Audio - References:**

“Explore the Challenge” Information-Experience Experiment


“Created Health” Information Experience


Visual - References:


