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MAY 2001



THE JOURNEY

NEWSLETTER OF THE BUFFALO BELLES

INSIDE THIS ISSUE:

Camille's Corner	2
Rebecca's Column	3
The Blessing of Being T ?	3
Nancy's Perspective	8
Fashion: "Skin Care"	9
Coming Events	10



LOVE A
PARADE?
MARCH
OR
WATCH
ON JUNE
3rd.

TRANS MUSINGS

By Andrew Miller

As many of you already know, life as a different gender, differently appearing person can have its challenges. Everywhere, it seems, there are loopholes, pitfalls, and gender-gaps that just can't be filled, changed, or modified to help us navigate this world more easily. Most people who don't have to deal with these issues simply don't see them; or, if they acknowledge our difficulty, claim that we are being "too sensitive". A sense of humor helps to deflect a lot of the pressure this can add onto your life. I'd like to share a story with you (actually true!) of just how these prejudices and biases can creep up on you in unexpected ways.

Many of you know that I have a daughter, Rachel. She is a huge joy (and a challenge, too!) to me and has provided me with many opportunities to see just how rigid our stereotypes about what it means to be male or female in this society. It took me quite a while to figure our just how I was going to go about telling my daughter about my transsexual nature. I argued with myself over and over, pondering the repercussions this would have on her and how I could manage this in a positive way. I didn't want to have to crawl into yet another closet and end up portraying myself in a negative way. I wanted to help her to understand that there are many ways to be either a man or a woman and that the possibility were/are also open to her as well.

But where to start? So, for many months I worked on how to open up the topic in a way that a six-year-old could grasp without becoming overwhelmed. I finally settled on the story of the Ugly Duckling. Here, in this story, was a format (storybook) she could understand, that made the subject easier to

approach, and, at least on a basic level, understand what was going on. So, as time went on and opportunities presented themselves, we talked about what this meant and how there were different examples of gender all around us. Helping her to see has also helped me to see it as well.

One day I took her into an Old Country Buffet restaurant so we could get an early dinner. I realized only later that I took her there early so that I wouldn't run into any potential "bathroom" issues. I was still using the women's' bathroom at that time, but I was running into a lot of "problems" being in them. I decided that day that perhaps the time had come to at least try it out, and, besides, there wasn't anyone besides the staff there at the time. I knew that I had to tell Rachel and that sooner or later we would have to cross this bridge. I matter of faculty told her that we needed to wash up before eating and that this time her Mom was going to be using the men's room. To a sixyear-old this seemed reasonable in light of the conversations we had had. She immediately asked what to do if I didn't come out (had she already absorbed the violence of our culture regarding transgressing the boundaries?). I told her that I would be sure to come out and that whoever had the cleanest hands would get a double trip to the dessert end of the buffet table. Nothing like a little motivation right?

As we approached the point of "no return" my daughter hesitated, staring at me to see if I would actually do it. I disappeared through the door, into the world of the "men's room" and to her amazement (luck that we both exited at the same time- men's & women's room facing each other) and with mouth agape, I emerged not only unharmed but with really clean hands! I ushered her gently up to the buffet table and watched her body language go from "wow, I can't believe you got away with that" to "neat,

(Continued on page 5)



CAMILLE'S

CORNER

AN EVENT FOR EVERYONE

As you leaf through this newsletter you will see references to the upcoming Pride 2001 Celebration events throughout the month of June. I expect it to be a marvelous series of festivities that all of us trans people will enjoy. Of course, being a member of the Pride Buffalo committee I am somewhat bias, but I do believe that most people will have a great time at the scheduled events. There is so many different things planned that there is something for everyone: live vaudeville-style shows, a fun parade, a rally that entertains & educates, a post-rally party & dance, and a month of workshops. Plus a film festival that will end with the most outrageously fun movie experience since the Rocky Horror Picture Show. I'll have more on that next month.

But most importantly, this is the year that trans people can stand up and be proud of who they are. The theme of this year's Pride Month is "One Community. Many Visions." The essence of the theme embraces a vision of change, leadership & equality as an integral part of the entire GLBT community. And as part of this community we will be marching in the parade. And once again we'll also be setting up an information table at the rally site on Bidwell Parkway. Please show you support and come on down. You don't have to come enfemme if you feel uneasy. But do come.

Here's a detailed description of the Pride weekend activities:

Friday, June 1 The Rainbow Razzmatazz

The Pride celebration officially gets underway on Friday, June 1, with the Rainbow Razzmatazz Show featuring Western New York's best performers of music, dance and comedy. This vaudeville-style extravaganza is hosted by Miss Vicky Vogue and takes place at the Hamlin House. The doors open at 8:00 p.m. The show starts promptly at 9:00 p.m. and admission is \$5. Cash bar

and dinner are available in the Hamlin House dining room from 7 PM.

Saturday, June 2 The Dyke March

The Pride Buffalo DYKE MARCH Committee welcomes any woman to participate and join in Buffalo's Inaugural Dyke March scheduled to take place Pride Buffalo Weekend on Saturday June 2, 2001, immediately followed by the annual SHADES Dance at Hamlin House. This event is open to all women of any race, culture, sex, orientation, gender, ability, health, economic group, faith or age and to all family and friends who wish to support us.

The goal of the March is to bring together women from different perspectives and varied communities in a positive forum to increase visibility, understanding and appreciation of each other, pride, and awareness of lesbian and women's issues in the Buffalo-Niagara region.

Line-up 7:30 p.m.. Step off @ sundown. Approximate arrival @ SHADES Dance @ Hamlin House on Franklin St. 9:15 pm

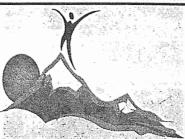
Sunday, June 3 Parade & Celebration

The big day is Sunday, June 3, as the Pride Buffalo 2001 parade and celebration unfolds with one exciting event after another. Unlike previous years, the date for the parade has been moved to Sunday, which allows for a more complete weekend of activities. Line up for the parade begins at 11 a. m. in the Kleinhan's Music Hall parking lot with step-off promptly at 1:00 p.m. The parade will proceed east on North Street, then continue north on Elmwood Avenue to Bidwell Park. After the parade, the Pride stage comes to life with a complete lineup of events, entertainment, dignitaries, and so much more. Along with all the festivities, the Pride Market Place will feature vendors with everything from t-shirts and jewelry to novelty items and Pride memorabilia.

Tea By The Sea 5:00pm - 10:00pm (June 3)

From Bidwell Park, move on to the Delaware Park Casino to continue celebrating your pride at Tea by the Sea. A \$5.00 cover gets you into the event for an evening of music, dancing and entertainment. Cash bar and food will be available through the

I hope to see you at some or most events that weekend. Take care



The Journey is the monthly publication of the Buffalo Belles. All articles and information contained in this publication may be reprinted in full by any non-profit gender community organization without permission, provided credit is given to this newsletter and the author. The material contained herein does not necessarily express the views or opinions of the Buffalo Belles, its officers or editorial staff. Contributions of articles are welcomed. The Buffalo Belles reserve the right to edit submissions for publication for suitability, spelling, grammar and/or length. Submissions or comments should be addressed

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Rebecca's Column

Once again I would like to tell you that these are solely my feelings and not necessarily the feelings of all Transsexual individuals.

My life as a child was very complicated. As young as 4 years old I became aware that I was different, but didn't understand. I was raised by 2 older sisters who doted over my every need. I certainly enjoyed all of the atten-

I was constantly in their rooms playing with their things. I remember going into my sister Sandra's room and trying her eyelash curler on my eyelashes. Of course after trying I wondered why there was rubber and removed one of the rubbers to help my sister. I heard this scream come from her room later in the evening and was wondering what was wrong with my beloved sister. Well she used the eyelash curler on her eyelashes and cut them completely off. OOPS!

I started Kindergarten when I was 7 years old. This was another difficult experience for me. I could only relate with the girls and was repulsed by the boys. However, having a boy body this created a major dilemma. I wanted to have only girl friends but they hated boys and of course I was not allowed in the girls bathroom. They always escaped there to get away from me, a "boy" who they hated. Well to say from the very beginning of my life had absolutely no friends. This made life very hard. The boys hated me as well because I was always acting like a girl. My mannerisms were always getting me beatup and I didn't understand.

When I was 8 years old my family moved to Anaheim, California. Of course on my last day on the way home from school one of the boys stopped me and said that before I left he wanted to beat me up just because he wouldn't be able to in the future. I didn't fight because that was not in my nature, so he really hurt me because wouldn't fight back.

After arriving in California, I lived in motels for almost 2 months. By the time that my family got settled in California I was 9 years old. Of course like expected my problems went with me. The condition hadn't changed, I still had the brain of a female. All the same desires and motivations were still with me. My major problem is that my physical body is not in agreement with how I perceive myself. I hated that. This had to be changed at all cost.

We finally moved into a nice home. I still had no friends. I started school and in the new school I finally found a boy who would be my friend. He invited me to come over to his house. Just as I got there he got a baseball bat and started hitting and calling me a perverted fag. couldn't understand why he was doing this to me. I was just able to get away. I'm afraid that if I hadn't escaped he would have killed me.

Finally I met this nice girl who wanted to be my

(Continued on page 5)

THE BLESSING OF BEING T?

By Catherine B.

This is not a "blessing." While it can be useful to have two lives and different perspectives, the glib notion that being Transgendered--in any way possible--is laden with opportunity is fatuous.

Skim the literature. With virtually no exception, we dislike ourselves, sneaking and lying and pretending to fit in where we comfortably can't. We compensate and overachieve, purge, get married and divorced, fall apart, and see doctors who don't understand or sympathize. We come out o the closet and loose those who are close--as well as many people who aren't. We are self-absorbed and less than fully productive because of preoccupation with our issue. Age seems to bring an even greater intensity to our drive instead of lessening it. Some of us compromise to stay married and employed while remaining driven. Others choose permanent relief and then struggle to let go of their past and its ghostlike expectations.

Some of us kill ourselves or are killed by others.

Being who we are is neither a choice or a blessing; it is a challenge, much as many other unavoidable congenital or circumstantial problems are. Guilt, fear, and anger are only useful at certain times and should be minimized. Virtue is in accepting the task given us. Life is short, particularly in retrospect, so learn to live with who you are. But tell the blessing people to get real.

What do you think? Your agreement or disagreement is encouraged. Write it down and send it in.

HELP-LINE NEEDS HELP!

HELPLINE VOLUNTEER NEEDED. MUST BE CON-CERNED INDIVIDUAL. THIS IS OUR MAIN CONTACT WITH THOSE LOOKING FOR HELP & ASSISTANCE.

PLEASE CONTACT CAMILLE IF INTERESTED Cararararararararara



Get ready for the Pride Buffalo 2001 Celebration



The Rainbow Razzmatazz Dinner and Show Friday, June |

Hamlin House ■ Doors open at 8:30 p.m. ■ Show 9:00 p.m.

Show admission \$5 ■ Host: Miss Vicky Vogue

MARCH ON SISTERS

The Dyke March Saturday, June 2 ■ Franklin Street ■ 7:30 p.m.

After-The-March SHADES Dance

■ Hamlin House ■ 9:00 p.m. ■ \$8 in advance, \$10 at the door

SHOW UP AND SHOW YOUR PRIDE

Pride Buffalo 2001 Parade & Celebration Sunday, June 3

North Street to Elmwood, Elmwood to Bidwell Park 1:00 p.m.

Tea By The Sea at Delaware Park Casino following the celebration ■ Admission \$5

Look for details on Pride Buffalo's month-long celebration including workshops, a golf tournament and a special finale film festival.

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For more information visit www.gaybuffalo.org.

Or for further info or to volunteer call (716) 879-0999.

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One community. Many vision

TRANS MUSINGS

(Continued from page 1)

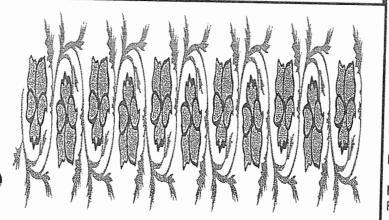
what was it like?" Clearly I am in a position to influence the next generation! Armed with knowledge of what the "other side" is like, my daughter stood in amazement over this, staring at the huge bowl of salad greens. Picking up a plate, I decided that it would probably work better if I initiated the "salad" stage of our meal, seeing as how she had temporarily forgotten what the tongs were for. With a hushed voice my daughter became visibly tense. What was this? She started pulling on my sleeve, demanding to speak closer to my face. I bowed lower and she told me that I shouldn't be over here.

"Why not?" I inquired. "Because," she hesitated, "guys don't eat salad!" Taking my cue, I asked her what I should be eating. "Anything else but salad", she replied "I'll just 'wander' over and have some of the roast beef and potatoes then", I informed her, silently chuckling to myself over the obvious stereotype.

Finally, seated at our table, my daughter surveyed our meal. With her wide blue eyes, I watched as see appraised our collection. The roast beef & potatoes was clearly "OK", bread/butter, vegetables (corn on the cob — was I being too "phallic"?)...All clear. But alarms went off with the glass of iced tea I had gotten. And it had a lemon wedge in it! This clearly was not OK. Iced tea was for "sissies" and what was the deal with the lemon wedge anyway?

I settled in for a long, long discussion. I was one of the most illuminating conversations I had ever had about all the stereotypes we have and how much they affect the everyday world we inhabit. I know it opened her eyes a little wider; especially when I remarked that I had seen her Dad have salad often (with vinaigrette dressing no less!). It just goes to show you how deeply these stereotypes can creep into our lives and change how we see the world. There is nothing inherently 'male' or 'female' about either a salad or a steak, but our perspectives can make them that way if we allow them to.

My daughter and I continue to have our conversations about gender and what it means (or, more importantly, what it doesn't mean).



Rebecca's Column

(Continued from page 3)

friend. She lives down the road and across the street from where we lived. Her name was Linda. I think that she really liked the feminine quality in me. She and I did everything together. We went to movies, shopped, climbed trees together. Finally I found a good friend, who was willing to accept me for who I was and didn't try and hurt me for being different.

That summer I went to my aunt Isabell's house for the summer. She was an interesting woman. My mother's side of the family were part Native American. When I arrived at her house which was a Train Box Car in the hills of Clinton, Indiana, she looked at me and said "welcome back Rebecca". This was quite a shock to me. I had finally understood what my problem was. My aunt had immediately identified who I was. Now I was justified in all of my beliefs. That entire summer she taught me the ways of the Native American women. Medicine herbs, harvesting natural foods and how to cook and live as a native woman. This was and is who I am. This helped me understand myself. For the first time I was begging to come to terms with who I really was and am still.

When I returned home I finally understood why I was being treated badly by others who didn't understand. My condition didn't change, I just understand better. My dilemma was now a little easier to take because I understand, but not made less terrible. People are completely intolerant when they don't understand and are unable to deal with their own issues of insecurity.

Because my father was a salesman, we moved about every year and it was impossible to make friends. For this reason as well as only having a few types of individuals that would even accept me, I most of the time found myself without friends.

My aunt told me about my oldest sister who was born in 1938 and died 8 months later from what we now call SIDS. My aunt had told my mother and father that their daughter would return to them. That this future person would know that there was something unexplained in their life and would be dark skinned. She told me that I was the spirit of my sister returned to fulfill my father's desire to have a son. My parents had felt guilty for being disappointed in having a daughter instead of a son. They felt that their child was taken from them because they didn't want a daughter. From that summer on I finally knew who I was, Rebecca. Rebecca was my oldest sister who died when she was only 8 months old. I had the soul of Rebecca in this new and wrong body of a male.

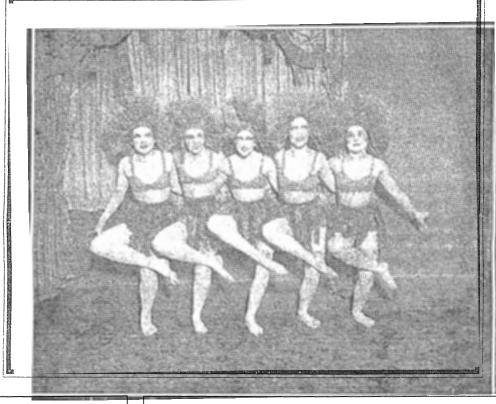
I'm not sure that any you agree with me, however my life is very real and explained clearly to me. It doesn't really matter what anyone believes. I'm satisfied. I now have an explanation of my confusion. For the first time in my short life things were clearly understood to me.

Next month, I'll tell you about the next 10 years of my life.

Love to you all, Rebecca J. Chesnutt

From the Buffalo Belles Scrapbook of Memories

Line Dancing was a popular activity in the early years of the organization.



Crossdresser's Fantasy Weekend



great Paradise In The Poconos weekend. We have a fabulous facility and it's ours exclusively for an extended weekend.

It's time for another

Nov. 7 - 11, 2001

This year we're offering extended stay packages. Rates start at \$460 per person for a 3 night stay and \$590 for a 4 night stay, double occupancy*, and includes all activities, parties, seminars, room, all meals, taxes, and gratuity. Register now before we fill up! Full details at our web site <www.cdspub.com>, or call/write for a brochure.

Couples Welcome! (* Single room rates higher)

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Visit us today on the World Wide Web. We are the only weekly publication in the transgender community, and we offer resources second to none. Looking for details on the next transgender event? Want to know what the hot news is? Want to know where to buy just about anything? Want your own private email account and a personal web page? All this and more is available at Trabnsgender Forum, and for less than a dollar a week? Can you believe it! Check out the free edition, then subscribe to get to all the goodies.

www.tgforum.com

All the news you want... all the information you need... and a place to call home!

Another Minority Flexes Its Muscle in San Francisco

Transgendered Gaining Visibility In a Tolerant City

By Evelyn Nieves, New York Times reporter

SAN FRANCISCO, Feb.23— Some days, Theresa Sparks finds it an ordeal simply to walk out her door. How will she look? How will others see her? The same questions dog her everywhere. Entering a public restroom takes internal debate. Walking up to a makeup counter requires a stiff upper lip.

Being a transsexual means facing stares every day. But Ms. Sparks, a 50-year-old environmental consultant who had a sex change operation last year, has reason to believe that life will get easier - if not soon, then someday, and if not for her, then for others like her. As the newest member of the San Francisco Human Rights Commission, and the first who is transgendered, Ms. Sparks said she planned to fight for the acceptance of people like her in the larger society.

"The mayor took a courageous step in saying it's time that this community be recognized," she said of her appointment.

Indeed, it has been a pretty good couple of weeks for San Francisco's transgendered residents (with an estimated 15,000 to 18,000 transgendered people, San Francisco has the largest such population per capita in the country). Earlier this month, Ms. Sparks was appointed and a city panel announced plans, expected to be approved within weeks, to make San Francisco the first city to provide health insurance to cover sex-change operations for municipal employees.

The term "transgendered" covers a range of people, including heterosexual cross-dressers, homosexual drag queens and transsexuals who believe they were born in the wrong body. There are also those who consider themselves to be both male and female, or intersexed, and those who take hormones and believe that is enough to complete their gender identity without a sex change.

A quarter-century ago, the San Francisco area became a safe haven and magnet for gay men and lesbians looking for a place where they could feel freer to be themselves. Over the last decade, and especially in the last few years, this famously tolerant city has become the place to come to for transgendered people from all over the world.

"We've had people come from Central American countries,

sneak into Mexico, make their way across Mexico, illegally cross the border, get on the first freight train, wind up somewhere like Chicago and from there ask how to get to San Francisco because they've heard that's a place where they could be accepted as normal," said Mark Freeman, a nurse practitioner for the San Francisco Department of Health's free clinic, which reserves one afternoon a week exclusively for transgendered patients.

The clinic provides all health services; it even distributes hormones, which normally cost \$100 to \$200 a month or more on the black market, for no charge.

Aside from the clinic, transgendered people in San Francisco have support groups, social clubs and places to shop. In the last election, two transgendered people ran for supervisor from the same district, without their sexual identities becoming an issue. (In a crowded field, they both lost.)

The move to provide health benefits for sex-change operations is an acknowledgment that the medical condition known as gender dysphoria, or extreme discomfort with one's sex, is serious enough to warrant an operation, said Mark Leno, a San Francisco supervisor. He acknowledged, however, that there are those who feel a sex-change operation can never be necessary.

"People think this is, and it's not elective surgery," said Mr. Leno, who organized a civil rights panel for the city's transgendered residents. "If you wanted to have same facial reconstruction surgery done because you think it would make you more appropriate or more attractive to your new sex, that's not included. But there are different procedures that will be covered, up to a \$50,000 life-time cap."

Still, as Ms. Sparks sees it, visibility of the transgendered population can actually work against it.

"When people see us they immediately think of the gay pride parade and the drag queens and the street theater, and their natural reaction is, 'I don't think I want someone like that working here,' "she said.

Ms. Sparks said she was familiar with such employment problems. After heading three environmental consulting companies, she said, over the last two years she had applied for more than 100 jobs without success.

"Now that I'm with the Human Rights Commission," she said, "I'll be able to look into job discrimination against transgenders. I know it's a very big problem."



NANCY'S PERSPECTIVE

Hi Friends.

Where to start? I have a lot of thoughts, so hopefully I'll beat the deadline and you'll be reading this in the May Issue.

At the March meeting I was introduced to the words "Gender Identity Dysphoria". I suspected this was a medical definition of some sort, but I wasn't sure how it related to me, and why someone would try to put this tag on me. I always saw my gender issues as being in a gray area. That happens when something has no real explanation. My sexuality and gender are sometimes in sync, and I'm just a very average male. On those occasions when my gender gets out of sync, l try to look, act and present myself as a woman.

Anyhow, about 2 weeks after the meeting I was lucky enough to catch a TV show called "A Change of Gender". It was a story of a man becoming a woman including SRS. During the show, a doctor of psychology was speaking of her work treating hundreds of people with their gender problems. She presented the definition of "Gender Identity Dysphoria" as simply "Transsexual". If you note in the April issue of this newsletter, under "Rebecca's Column", this topic appears, and was part of Rebecca's talk at D'Youville College. I point this out because it's a prime example of the learning process that goes on all the time.

Something else jumped out at me that concerns all of us. There are, and continue to be, a lot of changes going on around us. We, as a group, seem to be at a sort of crossroad. Which way do we go? Or do we go at all? Since there are pros and cons associated with any idea, I want to throw out some questions that are begging to be answered. Do we change the name of our group? Is that a good idea or just politically correct? Do we embrace all Trans people, or remain a CD only group? Do we remain passive or do we jump into the mainstream on transgender issues? Think about it. There are always new ideas that come forward, and I'll try to remain watchful so I can point them out in the future.

That brings me to my last thought and don't say you're glad to hear that. Where have you been? We have a monthly meeting, but a lot of us aren't showing up. Remember, we start at 6:00 pm, but a lot of us aren't arriving until much later. Do you still enjoy getting out once a month, or is it a problem? We can't have any positive discussion if people don't come to the meeting, or if they simply use the meeting as a jumping off point to go bar hopping. Do you have ideas, or suggestions? Do you want to see any changes? Can you help the group by volunteering your time a bit more? The gal who started all this years ago are moving forward in their lives, and it would certainly be to our best interest if everyone

Buffalo Belles to Co-Sponsor Hate Crimes Panel on June 26

The Anti-Violence Task Force, an ad hoc committee of concerned Western New Yorkers, has announced that it will present a panel discussion about the issue of Hate Crimes and the LGBT community during Pride month. The panel will focus on how to determine when a Hate Crime has occurred under New York law, and ways to respond to Hate Crimes, as individuals and as a community. Representatives from area law enforcement, educational and community organizations will speak about various aspects of Hate Crimes and answer questions from the audience.

Co-sponsors of the Hate Crimes Panel include the MOCHA Project, Shades, Rainbow Spirit Rising, Dignity/Buffalo, the Empire State Pride Agenda, the Stonewall Democrats of WNY and the Buffalo Belles.

The panel will be held on Tuesday, June 26, from 7:30 to 9:00 at the United Way, 742 Delaware Ave., Buffalo, NY.

APRIL MEETING ATTENDANCE:

Ann Z. Camille H. Catherine B Denise P. Jen M. Jo S. Kathy L. Kendra K.

Patti J. PJ -guest Prissy Rebecca C. Tammy Tina M. Trissa J.

will help out a little more. We can use people in a lot of areas, and I'm sure that Camille or Kathy would be only happy to show you the way. Enough said!

Now a preview of coming attractions. I'll be going to the "Be All" in Detroit in June, so watch a future edition for gory details.

Take care. Your sister, Nancy



FASHION, STYLE ... AND YOU



SKIN CARE

By Rebecca J. Chesnutt

Cleansing is perhaps the most important step for proper skin care and most often done incorrectly. The idea is to remove all traces of makeup, excess oil, dirt, and dead cells without leaving a residue or stripping the skin. Most dermatologists recommend a cleanser that is water soluble, which rinses off completely and doesn't irritate the eyes. Wash with tepid water and not hot water.

Today's cleansers don't just remove surface dirt and oil. They protect the face and give it radiance by adding vitamins, antioxidants, emollients and exfoliants.

- Foaming cleansers are gentle enough for normal skin but strong enough to handle and oilier T-zone.
 - Gel cleansers are virtually oil-free and are less alkaline that soap. They may contain AHAs or BHA, and they also rinse off easily. Gels are recommended for oily and combination skin.
 - Lotion cleansers are good for dry or sensitive skin because they contain milder surfactants and moisturizers and leave a light film on the skin that sooths dry or sensitive skin.
 - Water-soluble cleansers, such as Cetaphil, are good all-purpose cleansers for all skin types. They are non-irritating, which makes them good for general cleansing.
 - Cleansing milks come in three forms, with ingredients based on skin type: normal, combination or oilv.
 - Oil-free cleansing lotions often contain glycolic acid and are good for combination skin.

Cleansers Recommended for Various Skin Types

SKIN TYPE **CLEANSING RITUAL**

Normal A gentle, water-soluble cleanser or a cleansing milk.

Oily or acne-prone A gel or lotion cleanser containing salicylic acid to clear out the

bacteria build-up that leads to breakouts.

Combination A foaming cleanser or cleansing lotion with salicylic acid; focus on

the T-zone while cleansing.

憂 Dry A gentle cleansing milk or water-soluble cleanser; look for products that leave the skin clean, with a light, emollient film on the surface to

soothe dry skin.

Sensitive A gentle, water-soluble cleanser or a cleansing milk made for

sensitive skin.

Next month: Toners



MAY 12 BUFFALO BELLES REGULAR MEETING 6:00pm

MAY 10-13 SPRING FLING 2001, Provincetown, Massachusetts

For more information see website: www.tcne.org

MAY 19 IMPERIAL COURT CORONATION 2001, 8:00pm

Buffalo Convention Center, Franklin St. & Mohawk Ave. Info: 855-5534. Website: www.icob.impcourt.org

JUNE 1 RAINBOW RAZZMATAZZ – 9:00pm

Hamlin House, 432 Franklin St. Bufalo

JUNE 2 ROCHESTER CD NETWORK MEETING 6:30pm

JUNE 2 FIRST ANNUAL BUFFALO DYKE MARCH - March begins at dusk at

Kleinhans & proceeds to the Hamlim House on Franklin St.

Dance to follow, ALL ARE WELCOME!

JUNE 3 PRIDE PARADE & CELEBRATION

Parade starts at 1:00 pm, down Elmwood Ave.

Rally: 2:30 pm to 4:00pm Bidwell Parkway and Elmwood Ave.

Tea Dance: 5:00 pm to 10:00pm.

JUNE 6-10 BE-ALL CONFERENCE - DETROIT 2001

Detroit, Michigan (For more information see website: www.xroads.org

or call 313-719-3267).

JUNE 9 BUFFALO BELLES REGULAR MEETING 6:00pm

JUNE 26 HATE CRIMES PANEL 7:30-9:00pm.

United Way, 742 Delaware Ave., Buffalo.

JUNE 27-30 1st ANNUAL GBLT FILM FESTIVAL,

Market Arcade Cinemas, Main Street, Downtown Buffalo

"Courage is daring to take the first step, or a different path. It is the decision to place your dreams above your fears."