Economic and Demographic Determinants of the Consumption, Saving and Borrowing Behaviors of Households

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Economic and demographic determinants
of the consumption, saving
and borrowing behaving of
households

Micaela Joseph

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ABSTRACT

Personal savings rate is an unsettling subject, because every economist has distinctive opinions on the determinants of consumption, saving and borrowing behaviors of households. For instance, many individuals assume that there is a positive relationship between real disposable income and the personal savings rate. In other words, the saving amongst households have increased with the growth of household wealth. On the other hand, some individuals deem that there is an inverse relationship between both variables, so much that this topic has always demanded further research to be completed. Because of my awareness and experience relating to this topic, I have chosen to examine this question. This paper will review the effect and significance of the savings rate by analyzing real disposable income, real household net worth, interest rates, and labor productivity. I will make predictions on the results. I am going to study the positive or negative outcomes between them through data examination and analysis. This thesis will also compare the data and results of the households in the United States between 1980 and 2017. This will allow us to determine if these variables are the major determinants of the personal saving rate.

Key words: Income, savings, household net worth, labor productivity, interest rates.

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CHAPTER 1: INTRODUCTION

Over the preceding decades, the personal savings rate in the United States has sharply worsened and is nonetheless extremely low, compared to many other nations. For instance, the personal savings rate as of 2018 for Switzerland is 13.50%, in Mexico 21.50%, and in Belgium 11.40%, while the average personal saving rate in the United States was no higher than 6.2%. The growth and shrinking of the economy have triggered a major strain on Americans financially. Countless low-income households have dipped into their savings to compensate for bills compared to those wealthier households whose saving rate is sufficiently higher. Savings rates tend to fall lower as individuals age and exhaust their savings rather than adding to them. There are many factors that can affect the consumption, saving and borrowing behaviors of American households. Some of the major factors include income, economic expectations, household (family) size and the life stage of the individual saver. Research have shown that economic and social factors can have a substantial effect on the United States personal savings rate.

Households save to finance their retirement, fund their child(ren) education, cars, mortgages, vacations, consumer goods, and any other added expenses. They generally deposit their savings into bank accounts, invest them in financial securities such as stocks or mutual funds, or save them as cash. The proportion of personal income that individuals save rest on how confident they are about their potential income, their own personal tendency to consume or save, their existing expenditures, and the interest rate or return they anticipate getting by saving or investing. Due to the income gap in the economic classes wealthier households are more likely to increase consumption and saving levels which in turn decreases their urge to borrow. On the other hand, low-income households
are more likely to increase their consumption and borrowing behaviors therefore decreasing their ability to save.

Consequently, the low personal saving rate and its downward descending trend have constantly been a going concern equally for both U.S. policy makers and economists. Economists commonly deem saving as useful because an economy can only grow if some consumers abstain from spending and instead lend the money to companies via the acquisition of stocks and extra investments to finance the growth of production. However, economists have also indicated that when economic growth is jeopardized by weak demand, excessive saving will hinder economic growth because consumers will barely be consuming. Savings is the basis for investment and if those savings can shift into investment efficiently, then such investments will endorse economic growth.

The major purpose of this thesis is to establish how economic and demographic factors determines the consumption, saving and borrowing behaviors of households. Social class influences the consumption, saving and borrowing behaviors of individuals. This paper focuses on household’s consumption, saving and borrowing behaviors due to demographic and economic factors such as income, age, wealth and household size.

Another purpose of this paper is to determine that household net worth is one of the major economic determinants resulting in how much a household consumes, saves and borrows. With the help of other theoretical and empirical analyses, it could be determined that age and income combined are also among the economic and demographic factors that affect these behaviors the most. Empirical studies and theoretical literatures have shown that there are other defining factors that affect household saving behaviors as well as consumption and borrowing.
1.1 CONSUMPTION

Consumption expenditure is one of the major sectors of any nation’s economy. This expense is controlled by multiple factors such as wealth, availability of consumer credit, consumer expectations about an individual’s future income, consumer perceptions and preferences, capital gains among others. However, income is debatably considered the main determinant of consumption. Consumption models elaborated the need for income, consumption and saving patterns of individuals, in which existing saving was expressed as current income minus current consumption.

The theories of consumption dates to John Maynard Keynes expressing a consumption function, James Duesenberry introducing the Relative Income Hypothesis, Milton Friedman with his Permanent Income Hypothesis and eventually Franco Modigliani with his Life Cycle Hypothesis. These theories have their theoretical foundations in the microeconomic theory of consumer choice. However, the life cycle and permanent income hypotheses are the most comparable; both theories presume that individuals attempt to maximize their utility or personal well-being by equalizing lifetime stream of earnings with a lifetime pattern of consumption. Both the life-cycle and permanent income models make comparable predictions about the consumption effects of permanent and temporary changes in an individual and eventually the household income. In contrast, Dusenberry hypothesized that individuals’ attitude to consumption and saving is influenced more by income than by the hypothetical standard of living. The three theories vary to an extent in which they explain the observed consumer behavior, and in their hypotheses examining the consequences of government policies on an individual savings behavior.
Individuals and households make conspicuous choices to purchase goods and services. Ability to consume is based on the level of income households have. These consumers allocate their own funds to purchase goods and services in a way that maximizes utility. Marya Iftikhar et al states the components of social class such as income, status, occupation and education attainment have a direct impact on the way a household exerts their income.\(^1\) Based on that concept, consumption behavior varies as individuals move upward or downward in their rank of social class. Consumption behavior also changes as individuals go through the different stages of the life cycle coined from the Life Cycle Hypothesis proposed by Modigliani.

Other factors that influence consumer spending includes interest rates, an increase in wages, inflation, deflation and housing prices. Interest rates effect the expense of borrowing and mortgage interest payments. Greater interest rates boost the cost of mortgage payments. Thus, high interest rates will indicate lower spending as consumers have a lower disposable income. Higher wages are the most important factor in boosting consumer spending. Inflation can be effective in determining spending. If inflation is larger than nominal wage growth, then consumers will see a decline in disposable income. Phases of deflation can also have a negative effect on consumer spending. If prices are declining, consumers may assume that prices will be discounted in the future and therefore, they hesitate to purchase goods and services. Housing is the major form of wealth. When house prices are growing individuals are extra confident to spend and they often chose to remortgage their homes. Rising housing prices triggers a wealth effect.

Consumer confidence will persuade people to spend more. With confidence about future incomes, consumers will be eager to borrow and spend more. If the finance option is simply available, it will push individuals to take out more personal loans and use credit on credit cards. A reduction in income tax would give consumers more disposable income to source for spending, saving or even borrowing. If consumers become more precautionous and increase savings, then consumption will diminish.

1.2 SAVING

The ability to save money is one of the many skills individuals must comprehend in order to become financially well-off and is one of the most problematic things to do. There are countless explanations of what saving is, but the most acknowledged definition is savings is the income that is not consumed. In other words, saving is the unconsumed portion of real disposable income, and it represents a large part of a nation’s aggregate savings and investment and thus is a major determinant of the growth of future income and consumption.2 We often see that people have the choice between consuming or saving money. How much a society chooses to save today for consumption tomorrow has important influence for the welfare of the elderly, economic growth and consumption levels.

Figure 1 represents the behavior of U.S. personal savings as a percentage of disposable income from 1980 to 2017 compared to other nations such as Canada, Australia, Japan, France, Netherlands and Sweden. Figure 1 shows that the highest personal saving rate in the United States occurred in 1981 at 11.3% and the lowest in 2005 at 3.2%. The U.S. personal saving rate detected in January of 2017 was 3.7%.

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shifting lower than its ten-year average of 5.5% and plummeting well below the recent five year high of 11% in December of 2012.

**Figure 1: Personal Saving as a Percentage of Personal Disposable Income**

![Graph showing personal saving as a percentage of personal disposable income from 1980 to 2017 for different countries: United States, Canada, Australia, Japan, France, and Netherlands.](https://data.oecd.org/hha/household-savings.htm)

Every nation would like to experience a higher rate of savings. Therefore, examining the determinants of savings and recognizing the determinants of low savings are very significant to a country. Economists focus more on personal savings because it is a major component of determining a domestic savings of a country. Empirical studies have confirmed that economic factors can have a significant impact on the U.S. savings rate. For instance, interest rates can have a positive link to the savings rate depending on the time trend being studied. This occurs because as households realize that they can have more wealth in the future than they presently do and eventually decide to spend less which is known as the substitution effect. The income effect on the other hand, validates
that the lower interest rates imply less income for savings, therefore reducing saving motives and encouraging more consumption. Economists assume that higher interest rates lead to lower overall consumption and higher savings because the substitution effect offsets the income effect. Age, motives, income, income uncertainty, wealth, risk tolerance, saving horizon, homeownership, household consumption, health status, education, race/ethnicity, self-employment, and unemployment have all been linked to some aspect of saving. Corresponding to the earlier empirical studies, they were fixated mostly on the relationship between savings motives and the consumption patterns of households.

While savings are the actual amount an individual chooses not to spend, the choice to save is based on setting aside a portion of income for future needs. There could be many different motives that prompts individuals to save. The three major motives include (1) the precautionary motive), (2) the life-cycle motive and (3) the bequest motive.

1.3 SAVING MOTIVES

Researchers have addressed the role of saving motives to explain household savings and have found that households with saving motives have a higher propensity to save. John Maynard Keynes (1936) listed eight motives for why individuals possibly save money. Browning and Lusardi in their analysis added an extra motive to be labeled as the down payment motive: (1) the precautionary motive is saving for protection

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against unexpected setbacks such as a loss of job or illness (2) the life-cycle motive is saving to meet long term objectives such as retirement, college and house. (3) the intertemporal substitution motive (4) the improvement motive (5) the independence motive (6) the enterprise motive (7) the bequest motive is saving done for the purpose of leaving an inheritance. (8) the avarice motive (9) the down payment motive.

According to Keynes, individuals keep savings accounts for a precautionary motive in order to cover unexpected events. Not every household participates in the savings behavior. Individuals must have the ability to save in order to make savings decisions.6 There are many different theoretical views about the prime motivation for saving. Every household has their own motive for saving whether it be for physiological (basic) needs, safety needs, a need for security in the future, love and societal needs or even for esteem and luxury needs. The interpretation of basic needs has been modified over time. As an individual’s level of income increases, consumption behaviors are then determined more by taste than by physiological needs. Households with limited resources are now expected to save for daily expenses rather than for their wants and desires.

Saving for safety needs include purchasing a home, saving for rainy days, unexpected illness or job loss and for investment.

The purpose of saving is to increase the resources available for future consumption. Individuals mostly save because we cannot foresee the future. Saving money can help individuals and households become financially secured and ultimately provide a safety net in case of an emergency. Households put aside some of their current

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income to provide for future consumption, such as a major vacation or basic living expenses during retirement. Households who prefer to save for their children education, save for weddings, save for procreation, save for their own education, or save for death costs are labeled as being on the level of love and societal needs. With no money set aside in savings or investments, individuals expose themselves to other risks such as not having enough money to pay for an emergency may resulting in a loan that savings could have covered.

Personal saving is also equally important for the nation. While savings is associated with a country’s growth, an increase in consumption may have important beneficial consequences as well. Today’s saving influences future consumption because investments in financial assets are channeled into productive investments in factories, industrial machinery, computers, and other kinds of capital. Increases in the capital stock raises the nation’s ability to produce consumer goods and services in the future. A higher capital stock also raises the productivity of future workers and their wages, providing increased income with which to purchase the increased quantity of consumer goods and services.

1.4 LIFE CYCLE HYPOTHESIS

The benchmark model for explaining the concept of savings is the Life Cycle Hypothesis. Life cycle theory attempts at describing the dynamics of the propensity to consume as a function of accumulating wealth, since the individuals tend to save more

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while young in order to finance a smooth consumption path when old. The Life Cycle hypothesis is an economic theory that pertains to the spending and saving habits of people over the course of a lifetime. The concept was coined by Franco Modigliani and his student Richard Brumberg. Modigliani’s model emphasized how saving could be used to transfer purchasing power from one phase of life to another. The model states that there are three stages of life cycles in one’s life that is the basis for one’s spending. Three stages include: early working life, mid working life and retirement. In early life, labor income is usually low relative to later working years. Income typically peaks in the last part of the working life, then drops at retirement. Consumers who wish to smooth consumption would prefer to borrow during the early low-income years, repay these loans and build up wealth during the high-income years, then spend off the accrued savings during retirement.

During the early working like phase, the amount of money spent by an individual may exceed the earnings of the individual. A certain amount of dissaving is observed during this period. Assets such as a house or car are purchased, and such achievement is enabled by borrowing or obtaining a loan. The individual will borrow based on anticipated levels of wealth and income in the future. The next stage of the life cycle is the mid working life. At this stage the individual seeks to repay loans and compensate for the excess spending in the previous stage. Large expenses are not indulged during this time, rather the individual prepares for the next stage of the life cycle. Individuals would choose to save rather than over spend. The final stage of the cycle is retirement. At this

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stage consumption remains constant, however there are no earnings being made during this point. The savings gathered in the previous cycle sustain and cater for all expenses incurred during retirement. Dissaving is once again observed during this cycle. The individual’s savings made from the previous stage is gradually depleted during retirement till death.

Life Cycle hypothesis presumes that individuals plan their spending over their lifetimes, considering their future income. They take on debt when they are young assuming future wages will enable them to pay off accumulated debts. They then save during middle age in order to maintain their level of consumption when they retire. The LCHO is based on the common-sense idea that households do not make saving or dissaving decisions solely based on their current income, but rather that they also consider their expected future circumstances and are affected by their experience.  

According to the life-cycle model, individuals work and save when they are young and run down their savings during retirement. Age plays as a huge role in how much we as Americans save. Expenses are adjusted as we undergo the different phases of our life. As lots of Americans complete their college degrees and move into the work force, they are confronted with a lot of new expenses. The average twenty-four-year-old will have thousands of dollars’ worth of student loans they are then required to begin repaying. This huge debt alone will influence how much of their income will be deposited into savings. As Americans age and start to procreate, many recognize the

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significance of saving for rough patches or even for their family’s future. As they get to the middle of their lives, many parents become “empty nesters” and stop aiding their children. This frees up a substantial amount of their income and allows them to at least start saving. As we reach the later stages of our lives, many retire, travel and begin contributing to charitable organizations.

Figure 2 presents the median household income in the United States as of 2017. Figure 2 shows that between the age of 15-24 and the age of 75 years and over are the two lowest points which can evidently explain the Life Cycle Hypothesis theory. Age 15-24 are younger adults working low-income jobs while attending school so their income will continue to be low before they hit the next stage in the life cycle phase. Age 75 and over are the retired age adults who are no longer employed and are receiving no income and therefore are dissaving. Figure 2 shows that between the retirement ages of 64-74 and 75 years and over the median income between those years have decreased by $18,911.00. Figure 2 presents that the two highest points of the median income in the U.S is at 35-44 years old and at 45-54 years old. Figure 2 could be mainly based off of education attainment, skills and attributes to the labor force, wealth and other underlying factors.
1.5 HOW IS THE PERSONAL SAVING RATE MEASURED?

Personal savings rate supports the definition as the fraction of a household income that is not consumed. The formula for personal savings rate is calculated by subtracting the total of personal consumption expenditures from disposable personal income. The most commonly cited measure of the personal saving rate is based on the National Income and Product Accounts (NIPA). It is created by forming the ratio of Personal Saving to Disposable Personal Income (DPI), where DPI is outlined as Personal Income

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(including wage and salary income, net proprietors’ income, income from interest and dividends) less tax and non-tax payments to governments. Personal savings rate only briefly informs people how to calculate their saving rate by providing people with what proportion their savings can cover.

An alternate measure of the personal saving rate that frequently receives attention is calculated by the Federal Reserve and reported in the Flow of Funds accounts (FOFA). The FOFA measure of personal saving, unlike NIPA measure, is expressed as net additions to wealth from one phase to another. For this concept, household saving totals net acquisition of financial assets plus net investment in tangible assets minus net increase in liabilities. The FOFA personal saving rate is the fraction of net additions to wealth to personal disposable income. The two savings rates differ theoretically in many ways, but the three important differences that are discussed below.

To begin, NIPA and FOFA measures differ in their management of consumer durable goods. For instance, FOFA considers acquisition of consumer durables as a form of saving, and services from these goods as consumption, whereas NIPA regards consumer durable expenditures as personal consumption. Regarding housing, NIPA treats expenses on owner-occupied housing as personal saving while FOFA deems only equity in the home as wealth, and mortgage payments as lasting liabilities. Second, the FOFA and NIPA measures treat private pensions differently. The NIPA includes employee contributions to 401(k) plans and pensions as part of wages and salaries, and employer contributions as other labor income. Finally, Social Security contributions in NIPA are

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computed in personal taxes, not as personal saving while FOFA considers both private and government pensions, and life insurance reserves as household saving. Although evaluated differently, the continuing trends in the NIPA and the FOFA personal saving rate turn out to be quite related. Both have declined considerably over the years.

1.6 BORROWING

Household debt has escalated sharply in every nation in the past two decades, and that debt is perceived as being a significant role in economic outcomes. Specifically, households face income uncertainty and potentially high returns to entrepreneurial investments, which give motives to save and/or borrow. Homes, automobiles and lately higher education justify the need for most of the household borrowing. Households typically borrow early in their lifetimes to purchase these assets, but the purpose is not to smooth consumption which is defined in many theoretical analyses. The necessity to acquire these assets tends to affect current consumption, since all these forms of borrowing consist of extensive direct out of pocket costs as well as indirect costs making it nearly impossible to finance the entire purchase of these assets with just debt. The lifecycle model has little to no significance on actual household borrowing behaviors.

An increase in housing prices could also boost household debt. First, a wealth effect may boost consumption. During the recession of 2007, many households witnessed their wealth degenerating quickly and their income and employment opportunities diminish. During that period, the net worth of U.S. households fell by the largest amount

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in more than a half-century. The probability of having negative net worth is substantially increased across countries if households are in the lowest income quantile.

CHAPTER 2: LITERATURE REVIEW

Numerous empirical studies have been conducted to examine the determinants of the consumption, saving and borrowing behaviors of households. Each empirical study has coined their own idea or theory of the different variables that determine such behaviors. Each study has either supported the Life Cycle Hypothesis theory or rejected the theory. Many of these studies corroborated that income, household wealth, and age are the underlying determinants along with other demographic variables such as race, gender, household size, education attainment and more.

The determinants that influences households’ consumption/saving behaviors dates back to the era of Keynesian Economics. John Maynard Keynes proposed that current disposable income is the main determinant of households’ consumption/saving behaviors. He argued that consumers save a proportion of their additional income and therefore the marginal propensity to save is between zero and one. He listed eight motives for why people save money. (1) Precautionary motive (2) the life-cycle motive (3) the intertemporal substitution motive (4) the improvement motive (5) independence motive (6) the enterprise motive (7) the bequest motive and (8) the avarice motive. Since then several new theories were developed to explain this empirical observation. Including

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Milton’s Friedman’s Permanent Income Hypothesis and Franco Modigliani’s Life Cycle Income Hypothesis which are the two theories most commonly used to explain personal saving behavior over the long run.

Interest rate is another factor that influences individual’s consumption-saving behaviors. Bailey analytical model explained how changes in the interest rate influences consumers’ consumption-saving behaviors through the substitution and wealth effects. Bailey study intended to separate the income or wealth effect of an interest rate change from the substitution effect. His argument aims to prove that saving must be positively related to changes in the interest rate. His analysis discloses that he has combined the effect of the compensating income variation with the effect of the interest rate change in attaining his conclusions. Bailey found that the substitution effect is always positive because a decrease in the interest rate reduces the opportunity cost of current consumption. This then promotes more individuals to save because it increases the opportunity cost of current consumption. He concluded that the trend of the wealth effect, could be negative and might affect the substitution effect.

Ramanathan purpose of the study was to enlighten readers on the saving behavior of urban Indian households. The nature of the effects on saving on income and net worth and their interactions are examined in detail for different socio-economic sub-groups. The results of this study show that there is strong evidence that income and net worth significantly influence the level of saving. He concluded: (1) there is substantial

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evidence that current income plays a very important role in accounting for variations in saving. (2) the study also provided evidence for the “Pigou” effect. There was no significant interaction between income and wealth was found, except for low-income occupations such as service, unskilled workers and artisans. (3) The saving-income ratio of renters was much higher than that of home-owners even though the former had a much lower average income. Both average and marginal propensities to save with respect to income were high for the renter class as compared to home-owners. (4) Ownership of a business or professional practice brings about strong needs for investment funds which are expected to bring high rates of return thus resulting in high saving. (5) Among the age groups, mean income, saving and saving-income ratio increased with age up to 45 years but declined after, with the exception of the 65 year or over group. The oldest age groups had the highest mean income and their average and marginal propensities to save was also the highest compared to the younger age groups. Retired people generally live with their children and are nominal heads of the households. Such households have more income earners resulting in high levels of income and saving.

Katona reported the results from surveys conducted in 1960 and 1966, where individuals were asked about their reasons for saving. He found in his research that saving for rainy days were the most frequent mentioned purpose for saving. Katona proposed three categories of saving habits among average persons: (1) contractual saving, where one makes routine installment payments for an asset like a home mortgage, which is forced or obligatory saving; (2) discretionary saving, where one deliberately saves; and

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(3) residual saving, where one does not spend all of income and therefore saves by default. He offered six more general saving motives: (a) for emergencies, (b) to have funds in reserve for necessities, (c) for retirement or old age, (d) for children’s needs, (e) to buy a house or durable goods, and (f) for holidays.

Bovenberg and Evans examined several possible explanations for the downward trend in the U.S. personal saving rate. Bovenberg and Evans demonstrates that structural changes in capital markets, as well as improvements in wealth positions, living standards of the elderly, and private and public insurance mechanisms have all contributed to the declining trend in personal saving. They found that improvements in wealth positions associated with rising values of stock market and housing have been an important factor behind the declining trend in personal saving. They also discovered that the changing age structure of the population and lower inflation may have also reduced the personal saving rate. The empirical results suggest that demographic factors may have also played an important role.

Hefferan studies the relative importance of income, wealth, and family characteristics in explaining the decisions to save, the level of saving in households, and the patterns of saving in several types of families. The results supported the general hypotheses that the decision to save and the level of saving is influenced by income, wealth, and family characteristics and that saving patterns vary among different types of families. Findings suggest that the level of saving is best explained by a family’s current

wealth position. Hefferan measured savings as the difference between current expenditure and income. He found that savings to be primarily an increasing function of income and wealth. Home ownership appeared to be positively related to the decision to save as well as the level of savings. Hefferan found that home owners with mortgages to be both more likely to save as well as saving more than families with similar educations and family life cycle characteristics.

Sturm proposed that there are four main motives leading to individuals’ decision to save current income rather than to consume: saving for retirement, precautionary saving, saving for bequest, and saving for acquisition of tangible assets.²² Sturm argues that individuals saving decisions can be determined by various motives and savings decisions should be based on some kind of optimizing behavior by which the levels of consumption and saving are chosen to equalize the marginal benefits of these alternative uses of income. He distinguishes main determinants of aggregate saving behavior. First, he argues that only in a growing economy the various saving motives of an old individual will lead to a positive aggregate saving while the retirement saving for young individuals will be offset by dissaving of individuals in retirement age. He also states that the bequest motive of saving does not generate any net saving in stationary equilibrium while a constant level of assets is transferred from generation to generation. He pointed out that precautionary saving motive does not generate positive net saving of individuals in stationary state because once reached its target level will remain constant. Next, he states that depending on the individual’s income expectations, the implications of the different

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types of economic growth in terms of sources and nature for the aggregate saving ratio may be different. Finally, he distinguishes a number of demographic variables that can have a direct effect on the aggregate saving ratio.

Furnham analysis investigated the relationship between demographic (age, sex, education, vote and income) and attitudes toward saving money in Britain. He concluded that age is strongly and linearly related to respondents’ attitudes toward saving, and age has been found to determine how regularly a household saves, where a household saves, and why household saves. Analysis of the saving habits questionnaire in his study showed that sex, age, and income were among the most important discriminators of saving habits.

Modigliani paper presents a reevaluation of the theory of the determinants of individual and national thrift that eventually became known as the Life Cycle Hypothesis (LCH) of saving. He suggested that income fluctuates over an individual’s lifetime. Individuals will apply saving and borrowing behaviors to transfer income from high-income periods to low-income periods. Individuals base their consumption behaviors on their anticipated future income, wealth and life-expectancy so that consumption can be allocated smoothly over the remaining years of life. Modigliani argued that the basic LCH implies that, with retirement, saving should become negative, and thus assets decline at a continuous rate, reaching zero at death. He found that there is significant


evidence that wealth decreases slowly in old age which indicates that households leave substantial bequests relative to peak wealth.

Montgomery paper used a modified life-cycle model to analyze determinants of the recent decline in the personal savings rate. The empirical results do not support the hypothesis that the decline in the saving rate was the result of a reduction in the real rate of return. He found that the reduction in the rate of growth of income and the changing demographic profile of the labor force are the most important factors in accounting for the fall in the personal saving rate. He indicated that increases in wealth and in expected future income relative to current income account for about 40 percent of the fall in the personal saving rate during this period.

Davis and Schumm investigated family savings behavior and the satisfaction with the current savings of low- and high-income households. They found that above the income threshold level, savings rise very rapidly as income increased. Among couples whose incomes were above the threshold, satisfaction with savings was primarily a function of income, savings and family size, while level of savings was primarily a function of income, education, family size, and home ownership. Home ownership was shown to be positively correlated with the actual level of savings. They found that below a threshold level of income of $9,000, it appeared that couples simply could not afford to save very much of their limited incomes. They concluded that the motivation to save was

associated with both savings and satisfaction with savings in terms of significant quadratic relationship.

Deaton paper focuses on the four reasons for studying saving in developing countries separately from the saving behavior in developed economies.\textsuperscript{27} Four reasons include: (1) at the microeconomic level, developing country households tend to be larger and poorer, they have a different demographic structure, majority of them participate in agriculture and their income prospects are much more uncertain. (2) at the macroeconomic level, both developing and developed countries are concerned with saving and growth. (3) much of the postwar literature expresses the belief that saving is too low and sometimes the problem is blamed on the lack of government policy. (4) saving is even more difficult to measure in developing than in advanced economies, whether at the household level or as a macroeconomic aggregate.

Bunting researched the relation between income and savings.\textsuperscript{28} He concluded that the reason for the recent decline in savings has more to do with non-savers than savers. The amount of household savings has remained relatively steady since 1972, while the dissaving’s rate has been drastically increasing. Dissaving goes a step beyond not saving. With dissaving, households are either spending all their income plus money they had previously put away or making purchases on credit, essentially spending money they do not have and paying interest. In some cases, individuals could be doing both. This


increase in the dissaving’s rate has caused the overall savings rate to decrease. He also found that the tendency to save increases as income increases.

Hebbel, Webb and Corsetti study tests several hypotheses about saving behavior using panel data from the U.N. system of National Accounts. The study tests how household saving in developing countries responds to income and growth, rates of return, monetary wealth, foreign saving, and demographic variables. The empirical findings of this study confirm the central role of income and wealth in determining household saving in developing countries. The results show that income and wealth variables affect saving strongly and in ways consistent with standard theories. Inflation and interest rate do not show clear effects on saving, which is also consistent with theoretical ambiguity. Households save a larger share of their income when the income is higher and when it is growing faster. They save less the greater their monetary wealth. They found that borrowing constraints are also major determinants of household savings.

Bae, Hanna and Lindamood paper applies financial ratio analysis to study overspending of households. They calculated an income to spending ratio for each consumer unit to identify patterns of overspending in households. They found that 40% of American households spent more than their take home incomes and 25% of the sample spent at least 127% of their take home income. At least 25% of households in each family size and age group spent more than they brought home. The income variable used in this study represented the amount a household can spend on current consumption, repayment

of loans, and other forms of savings. There were some households with annual income of zero. Households with zero income were counted as over spenders.

Xiao and Noring paper proposed six saving motives that imply family financial needs. These saving motives are saving for daily expenses, purchases, emergencies, retirement, children, and growth. They classified saving motives for daily expenses, purchases, and emergencies as lower level needs, and saving motives for retirement, children, and growth as higher-level needs. They assumed that these needs have similar features of human needs described by Maslow (human needs theory), implying that family financial needs are motivated by family financial resources. When families have low levels of financial resources, they seek to meet lower level needs such as survival and security. When family financial resources increase and lower level needs are met, families will generate higher level needs.

Alessie, Lusardi and Aldershof examine household wealth and income in the Netherlands between 1987 and 1989. They found that there is substantial heterogeneity in the behavior of households, and wealth holdings vary substantially even among the same age group. They also found that a sizeable fraction of households does not dissave when old and evidence in favor of the bequest motive. They note that in order to study how wealth holdings evolve over the life cycle it is important to disentangle age and cohort effects. They found that savings are higher for households that indicate they were saving. The questionnaire for this study lists several possibilities for the motives to save.

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The main responsibilities are: to buy a house, to buy a car, to buy other durables, for unforeseen events, for children, for old age, for no specific purpose, and all possible combinations of the above motives. They noted that the precautionary saving motive remains relatively stable across the life cycle but it is somewhat greater for young and old households.

Horioka and Watanbe paper estimates the contribution of net saving for each of twelve motives to overall saving in Japan.\footnote{Charles Yuji Horioka and Wako Watanbe, “Why Do People Save? A Micro-Analysis of Motives for Household Saving in Japan,” The Economic Journal 107 (May 1997): 537-52.} They lists the motives for which households save can be grouped into three categories: (1) life cycle motives, which are motives that arise from temporary imbalances between income and expenditures at various stages in one’s life cycle; (2) precautionary motives, which are motives arising from uncertainties concerning future income and/or expenditures, and (3) the bequest motive, which arises from the desire to leave assets behind to one’s children and other heirs in the form of transfer and/or bequests. They found that net saving for the retirement and precautionary motives, both of which are consistent with the life-cycle model, is of dominant importance in Japan and that the Japanese save in each life stage for motives that are appropriate for that life stage.

Attanasio analyzes the pattern of saving behavior by U.S. households.\footnote{Orazio P. Attanasio, “A Cohort Analysis of Saving Behavior by U.S. Households,” Journal of Human Resources 33, no. 3 (Summer 1998): 575-609.} The main goal of this paper was to explain the decline in aggregate personal saving in the United States in the 1980s. Attanasio discovered that the level of saving of a given cohort is determined by the propensity to save of that cohort and by the total amount of resources.
available to it. He stated that differences in the average level of saving across cohorts can be explained by differences either in saving propensity or in resources. The main element emerging from the analysis is that the cohorts that were in their 40s and 50s during the 1980s are those mainly responsible for the decline in aggregate saving. The lower level of saving for those cohorts was reflected in a strong decline in aggregate saving because those cohorts were in the part of their life cycle when saving are the highest.

Attanasio paper illustrates recent trends in household consumption and personal savings in the UK and the US and discusses some theoretical models that can be used to interpret them. The decline in the personal savings rate in the US during the 1980s is an unresolved puzzle. This paper stresses the need to analyze individual data to shed some light on these aggregate trends. The theoretical framework discussed throughout the paper is the life-cycle model, which views consumption and saving decisions as part of a dynamic optimization process. He discusses the development of the model and the current research agenda and ways that it can be enriched with various degrees of sophistication.

Lee paper examines how the proportion of United States saving that represents life-cycle accumulation changed over the last century. He discovered as individuals retire earlier and live longer than before, the expected length of male retirement has increased by more than six-fold since 1850. He estimated that the fraction of lifetime income saved for retirement tripled between 1900 and 1990. Based on his result, he

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argues that the relative contribution of the life-cycle saving to the US wealth accumulation increased substantially, perhaps two to three times, over the last hundred years. He questioned why it is unclear why the aggregate household saving rates remained stable in spite of the huge increase in the life-cycle savings. His possible explanation for this is that precautionary saving declined over time due to the development of various social insurance programs and increases annuitization of income during the last century. He then concluded that further studies on this issue should sharpen our understanding of the long-term trend of the US household savings.

Lusardi, Skinner and Venti made three general observations about the decline in the personal saving rate: (1) stock market capital gains are driving down the measured rate of personal saving. (2) second observation focuses on the aggregate implications of the decline in personal saving. (3) third observation emphasizes that NIPA personal saving is not a useful measure of whether households are prepared for retirement or an economic downturn. They believed that there is a significant group of households with saving rates too low to be explained by the conventional life-cycle models. They proposed that some households have difficulty recognizing the need to save and calculating the saving they need to do. They found that capital gains in the stock market have explained much of the decline in the NIPA saving rate, through both behavioral and accounting channels.

Maki and Palumbo investigated the effect of household wealth in the personal saving rate in using household level data for 1990s. They acknowledged that researchers do not agree about just what behavior links these two events, or how to interpret the negative correlation between wealth and the saving rate over a longer time span. Their findings indicated that high-income and high-education cohorts experienced both largest gains in wealth and largest decreases in savings rates. However, the results also showed that other cohorts experienced modest changes in household wealth and saving rates during the same period. Maki and Palumbo found that the groups of households whose balance sheets were boosted the most by surging equity prices were also the groups that substantially decreased their saving rates. Their results corroborate a direct view of the wealth effect on consumption. They concluded that the increase in household financial wealth, which was fueled by the increase in the stock market prices, partly explained the decrease in the personal saving rate in the United States in the 1990s.

Thornton examined whether age has a direct relation with the personal savings rate in the United States. Thornton tested a simple life-cycle savings model for the United States by applying cointegration techniques to time series data on personal savings and the age structure of the population over the period 1956-1995. He came across that savings is cointegrated with the ratios of minors to the working age population and the aged to the working age population. Thornton discovered that both of these ratios had a negative and significant impact on the savings rate. Therefore, he determined that

the U.S personal savings rate will eventually continue to sink as the population continues to age.

Marquis analysis concentrated on the growth in household wealth as a main factor describing the low saving rates in the United States in the 1990s and early 2000s.\textsuperscript{40} Marquis introduced the measurement of the personal saving rate using National Income and Product Accounts (NIPA). He calculates disposable income minus personal outlays in NIPA and then calculates personal saving rate by dividing personal savings by disposable personal income. Marquis also analyzes why the NIPA personal savings rate has fallen by focusing on two factors: (1) the wealth effect, where in general individuals would like to spend more money when they are rich or they perceive themselves to be rich and (2) an increase in labor productivity, through which total income will increase due to the high labor productivity if consumption remains the same and the personal saving rate will go down. His third explanation recommended for the decline of saving rate during that period is the increased access to consumer credit, which relaxed consumers’ liquidity constraints and increased their consumption. Marquis argued that the low personal saving rate could be a cause for concern if the country may become too reliant on foreign capital for economic growth.

Harris et.al researched the determinants of household saving in Australia.\textsuperscript{41} They found that the top three motives for saving for households was the retirement motive, saving for holidays and the precautionary motive. Based on the results they indicated that the main difference in saving motives between households with and without children was

\textsuperscript{41} Mark N. Harris, Joanne Loundes, and Elizabeth Webster, “Determinants of Household Saving in Australia,” \textit{Economic Record} 78, no. 241 (June 2002): 207-23.
saving for educational purposes. They divided the results into different age categories, and found that the motives for saving were different when the age of the respondents was different. For young respondents (aged 18 to 24) buying durables and saving for holiday were the most important motive. Respondents aged 25-44 gave saving for retirement higher importance and the age group 45-64 rated this as their most important reason for saving. They proposed that the importance of the retirement motive increase as the household income increased.

Pryor empirical study argues that a shift in the demographic composition of the population will be a much more important case for a decline in personal saving in the future. The model used to examine this phenomenon considers the interest rate, the growth rate of the economy, the retirement age, the growth of the population, and the life expectancy. A major part of the model deals with the changing age structure of the population and the ratio between retired to active workers. He points out that these demographic considerations have two important implications: (1) it is necessary to consider both the rising life expectancy and the possible postponement of retirement. (2) if the customary retirement remain the same, future cohorts will have to have a higher annual saving to finance the longer retirement period brought about by the longer life span.

Solveig Erlandsen and Ragnar Nymoen stated that a key question in economics is whether changes in the age structure of the population affect macroeconomic variables.

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such as aggregate consumption and the savings rate. In their paper, they test for age structure effects on aggregate consumption in Norway, by estimating a consumption function which takes account of changes in the age distribution of the population. They found significant and numerically important age structure effects on Norwegian aggregate consumption. Their results are consistent with the life cycle model; consumption falls when the share of middle-aged persons in the population increases. Their analysis results showed that age structure changes are represented by the ratio of middle-aged persons, defined as those between the age 50 and 66, to the rest of the adult population. They stated that although their analysis for this paper was restricted for Norwegian data, there are good reasons to believe that the results can also apply to other countries. Both determined that identifying age structure effects consumption may be of increasing importance in many countries.

Fisher and Montalto purpose of their study was to explore saving motives and saving horizon. The framework of the study was based on the prospect theory, in which consumption and saving decisions are based on a reference point rather than on lifetime income. Fisher and Montalto stated that there are two reasons why it is important to analyze household motives for saving and saving horizons. (1) It provides a better understanding of the saving behavior of households, differences among household saving rates, factors influencing the level of household saving, trends in the household saving rate, and a variety of other issues related to saving. (2) Analyzing the motives for which households save provides information on which economic model is of greater

applicability in the “real world”. They found that emergency and retirement saving motives are found to significantly increase the likelihood of saving regularly. The results show that the saving motives held by households differ by saving horizon. They determined that further research on the link between saving motives, saving horizon, and saving behaviors is needed. The results of this study support features of other theoretical frameworks.

Yao et.al study compared saving motives between Chinese and American urban households.\textsuperscript{45} Results showed that Chines households were more likely to report precautionary and education saving motives and Chinese households with lower incomes were more likely to report a retirement saving motive. Yao discovered that in the United States, policy makers are concerned about the low rate of household savings and have encouraged households to save more by establishing various retirement saving programs through tax incentives. The results in this study indicated that the likelihood of having retirement saving motives varies by income, net worth, emergency fund adequacy, homeownership, age, education, and employment status. They concluded with the notion of Americans with lower incomes are less likely to report a retirement saving motive.

Kasillingam and Jayabal analyzed the effect of saving motives on household saving in India.\textsuperscript{46} They argued that the saving rate of an individual or household is affected not only by their ability to save but also their willingness to save. While an individual’s ability to save is determined by his/her income and expenditures, his/her


willingness to save is the saving motives of the individual. An important finding of their study was that the level of motives had a significant influence on the size of saving. They determined that the reason for India’s high savings rate was due to the Indians high level of motives to save and as long as the Indians continued to have high level of saving motives, the high level of saving rate would continue to increase.

Brounen et.al studied the behavioral factors, which lead households toward savings and financial planning across a panel of 1253 Dutch Households.\textsuperscript{47} They found that an individual’s propensity to save declines with age and is greater among the financial literate. They observed that saving behaviors differs across generations and is notably dominant among baby boomers. Their analysis focused on clarifying why some Dutch households save or invest, while others do not. Brounen describes this difference by viewing at a set of well described household characteristics (demographics, income, skills, education, and financial literacy). An extended survey analyzes and evaluates the effects of household demographics, skills, upbringing, and personality on Dutch household saving. Their results indicate that the willingness to save reveals a time preference and is stronger among younger households with high levels of financial literacy.

Kapounek et.al study acknowledged the economic and psychological factors influencing the households’ saving behavior.\textsuperscript{48} The major research questions for this study were the emphasis on the analysis of the scientific literature related to household


saving behaviors during different stages of economic cycle, the reaction of households to
the external shocks, the role of sentiments in the households saving behavior, and the
factors stimulating households to save in foreign currency rather than in national
currency. They focused on savings in the foreign currencies and pointed out irrationalities
of the economic agents. The outcomes of this empirical study showed that the
households’ saving behavior is more irrational specifically during economic downturn
and financial crisis periods. Their findings rectified that there is not a substantial impact
of traditional motives, such as interest rate or inflation on the way households save.

CHAPTER 3: METHODOLOGY

3.1 SOURCE OF DATA

This study examined the period from 1980 to 2017. This was chosen due to
intense declines of the personal savings rate during that period in the United States. Data
for the personal saving rate were obtained from the Bureau of Economic Analysis (BEA)
website.\textsuperscript{49} Personal saving rate data represent annual personal saving as a percentage of
disposable personal income. Real per capita disposable income statistics were constructed
from disposable personal income data obtained from the BEA. The INC variable in this
model represents the real disposable personal income. Annual net worth data was
obtained from the Bureau of Economic Analysis.\textsuperscript{50} The real net worth was computed by
dividing the nominal net worth that was obtained by the Consumer Price Index (CPI).
The interest rate (INT) in this model is represented by the bank prime rate data as

\textsuperscript{49} U.S. Bureau of Economic Analysis, Personal Saving Rate [PSAVER], retrieved from FRED, Federal Reserve Bank
\textsuperscript{50} Board of Governors of the Federal Reserve System (US), Households and nonprofit organizations; net worth, Level
[HNONWRA027N], retrieved from FRED, Federal Reserve Bank of St. Louis;
reported by the Federal Reserve. Labor productivity data were obtained from the Bureau of Labor Statistics (BLS) website. PROD variable in this model represents annual percentage in labor productivity.

### 3.2 HYPOTHESES

Initially, we assume all variables have an impact on the personal savings rate. The theoretical model is:

\[
sav = f(-inc, + nwr, + int, + prod)
\]

For the econometric model, a five variable function is considered:

\[
sav_t = \beta_0 + \beta_1(Inc) + \beta_2(Nwr) + \beta_3(Int) + \beta_4(Prod) + \epsilon
\]

Where:

- \(Sav\) = Personal Saving rate
- \(Inc\) = Real Disposable Income
- \(Nwr\) = Real household net worth
- \(Int\) = The interest rate
- \(Prod\) = Labor Productivity
- \(\epsilon\) = error term

As explained in the earlier sections, the leading factors that affect the personal saving rate are current income, wealth, expected future earnings and the interest rate. As the data on current income, wealth and interest rates are accessible expected future earnings are often unobservable. As a result, expected future earnings was then

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substituted with labor productivity. The above multiple regression model explains the
connection between personal saving (sav) and several variables, such as, real disposable
income (Inc), real household net worth (nwr), the interest rate (int) and Labor
Productivity (prod). These variables were used to define their influence of the personal
savings rate, specifically INC which constitutes as a metric used to determine economic
growth. An aging population was an influential factor because as individuals continue to
age this explains that individuals are saving less as they eventually reach the retirement
age.

3.3 EMPIRICAL ANALYSIS

<table>
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<td>-0.575600</td>
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</table>

Data for the household net worth was represented as a nominal rate and was
divided by the Consumer Price Index (CPI) and then multiplied by 100 resulting in the
variable real household net worth (nwr). Interpreting the data collected, the saving rate
average was 7.30%, while the highest personal saving was 12.0% and the lowest was
3.2%. Economic theory argues that the personal savings rate is affected by an
individual’s future expected income during their life cycle stages. The average income
was 32023.65 and the minimum was 21538.25. Real disposable income increased rapidly
between 1980 and 2017. The real net worth (nwr) average was 23456.88, the maximum
value for household net worth was 40811.31 and the lowest was 11948.18. The average interest rate is 4.81 with the lowest being 0.089 and the highest being 16.37. Finally, the average for labor productivity (\textit{prod}) is 1.89 with the lowest being -0.575 and the highest being 6.1.

<table>
<thead>
<tr>
<th>Correlation of Estimates</th>
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<tr>
<td>Variable</td>
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<td>NWR</td>
</tr>
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<td>Interest_Rate</td>
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<td>Labor</td>
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</table>

Correlation of estimates was used to achieve the correlation coefficient of the variables that were being examined. Coefficients with a value between +0.7 to +1.0 (-0.7 and -1.0) indicate a strong positive or negative correlation. Coefficient values with a value between 0 and 0.3 (0 and -0.3) indicate a weak positive or negative correlation. It was concluded that saving had a strong negative correlation (-0.9589) with real net worth and a strong negative correlation (-0.8850) with interest rate. Labor productivity on the other hand had little to no effect on the savings rate.

This examination model followed Samavati et al\textsuperscript{53} empirical study whose model added on a time trend variable to capture systematic changes in the saving rate that are not explained by other independent variables. The purpose of their paper was to examine the United States personal saving rate in order to empirically investigate whether the

determinants suggested by the economic theory can account for the observed behavior of this variable. Their results indicated that reduction in the household net wealth had the largest contribution to the increase in the savings rate, while reduction in interest rates negatively affected households’ incentives to save. The difference with their model is the value of net worth index. Their net worth index was calculated by subtracting liabilities from the assets of households and nonprofit organizations, and then dividing the result by disposable personal income. The tables below illustrate the results of the two separate regressions that were performed. Multiple regressions were performed because the t values for income and NWR variables were showing a strong multicollinearity relationship. Table 1 illustrates the parameter estimates for all the variables, Table 2 shows the parameter estimates for just income, the interest rate and labor productivity. Finally, Table 3 shows just the estimates for real net worth, interest rate and labor productivity.

The variance inflation for the income and real net worth variables were over ten meaning that there was a strong relationship between both variables resulting in the separation of the variables. The income variable variance of inflation then became

<table>
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<tr>
<th>Variable</th>
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<th>t Value</th>
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</table>

The variance inflation for the income and real net worth variables were over ten meaning that there was a strong relationship between both variables resulting in the separation of the variables. The income variable variance of inflation then became
4.39390 compared to 54.89879 and real household net worth was 2.95182 compared to 36.88091. Making both variables statistically significant.

The third regression was the final regression that was decided upon. Some adjustments had to be made to the initial econometric model. So, the new econometric model is:

\[ \text{Sav}_i = \beta_0 + \beta_1 (\text{Nwr}) + \beta_2 (\text{Int}) + \beta_3 (\text{Prod}) + \epsilon \]

From table 3 it can be determined that the parameter estimates of the new model are: \( \beta_0 = 11.21242 \), \( \beta_1 = -0.00015516 \), \( \beta_2 = 0.07694 \) and \( \beta_3 = -0.33693 \). This means that as a households’ net worth increases the need for saving decreases because of the wealth
effect coined by Bailey. The results from these regressions for the personal saving rate are support what was expected. The new econometric model is a multiple regression analysis and we use the ordinary least squares (OLS) method. The sample regression function is:

\[
Sav = 11.21242 + (-0.00015516) Nwr + (0.07694) Int + (-0.33693) prod + \epsilon
\]

Interpreting the coefficients: The coefficient -0.00015516 is the partial regression coefficient for real household net worth.

(1) T-test

We investigated three estimated coefficients one by one using t-tests. The hypothesized true coefficient \(\beta_1 = 0\). The estimated value for \(\hat{\beta}_1 = -0.00015516\) and standard error of this estimate is \(\left(\hat{\beta}_1\right) = 0.0005259\). The degree of freedom is 34.

Assuming \(\alpha = 5\%\), and \(t_\alpha = 1.9966\), so \(H_0: \beta_1 = 0\) and \(H_1: \beta_1 \neq 0\). \(t = \frac{(-0.00015516 - 0)}{0.0005259} = 2.88\). Absolute value of t is larger than \(t_\alpha = 1.9966\), so we reject null hypothesis.

The hypothesized true coefficient \(\beta_2 = 0\). The estimated value for \(\hat{\beta}_2 = 0.07694\) and standard error of this estimate is \(\left(\hat{\beta}_2\right) = 0.10795\) and the degree of freedom is 34. If we assume \(\alpha = 5\%\) and \(t_\alpha = 1.9966\), so \(H_0: \beta_2 = 0\) and \(H_1: \beta_2 \neq 0\). \(t = \frac{(0.07694 - 0)}{0.10795} = 0.713\). Absolute value of t is less than \(t_\alpha = 1.9966\), so we do not reject null hypothesis.

The hypothesized true coefficient \(\beta_3 = 0\). The estimated value for \(\hat{\beta}_3 = -0.33693\) and the standard error of this estimate is \(\left(\hat{\beta}_3\right) = 0.16565\) and the degree of freedom is 34. If we assume \(\alpha = 5\%\) and \(t_\alpha = 1.9966\), so \(H_0: \beta_3 = 0\) and \(H_1: \beta_3 \neq 0\). \(t = \frac{(-0.33693 - 0)}{0.16565} = 2.03\). Absolute value of t is less than \(t_\alpha = 1.9966\), so we reject null hypothesis.
(2) R Square

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From the regression model, R square provides an estimate of the strength of the relationship between the model and the response variable. From the regression results, R square shows that 54.22% of the plots fit along the line of regression but since there was more than one variable, adjusted R squared provides a better picture of the overall fit. This implies that only 50.18% of the changes in the response variable are explained by changes in the predictor variables.

(3) F test

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From the table, the F value =13.42, Pr > F is <.0001. Due to the F value being larger, obtaining a relatively insignificant probability of < 0.0001 means that the null hypothesis is rejected. This confirms the relevance of the modeled equation. The above F-test validates that the results are significant. The significance F value obtained from the F test is lower than the required significance level of 5% which illustrates that the model was suitable in explaining the relationship between the variables that are being examined.
From the above test, it was determined as that as net worth increases the need to save and borrow diminishes. However, an increase in the interest rates and labor productivity both have shown little to effect on the personal savings rate.

(4) Durbin-Watson d test

The Durbin-Watson statistic is used to test identify autocorrelation.

\[ H_0: \rho \leq 0 \]

\[ H_1: \rho > 0 \]

\( H_0 \) (No positive serial correlation) \hspace{1cm} \( H_1 \) (Positive serial correlation)

In our regression model, the numbers we used were:

\[ K = 3 \hspace{1cm} n = 38 \hspace{1cm} \alpha = 0.05 \]

Where:

K is the number of independent variables
n is the number of observations
\( \alpha \) is the level of significance

Interpreting critical values of the Durbin Watson from the table, \( d_L \) signifies the lower critical value, and \( d_U \) denotes the upper critical value. The test comparison of \( d_L \) and \( d_U \) represents:

If \( D \) is smaller than \( d_L \), there is evidence of positive autocorrelation among the residuals.
If \( D \) is smaller than \( d_U \), there is evidence of positive autocorrelation among the residuals.
If \( D \) is between both \( d_L \) and \( d_U \), then the test is unsettled.

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From the regression outcome, the Durbin Watson statistics value is \( D = 0.595 < d_L \) which expresses positive autocorrelation.

1) Auto Regression

With the use of the autoregression model, we can forecast the future behavior based on previous behavior of the personal savings rate.

The \textsc{AUTOREG} Procedure

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From this regression model, response variables have become projecting variables in the previous period. There was a change from 11.2142 to 11.5207 in the savings rate, real net worth increases from \(-0.00015516\) to \(-0.000173\), interest rate decreases from \(0.07694\) to \(0.0432\), and labor productivity decreases from \(-0.336963\) to \(-0.0919\).
3.4 RESULTS

The results in this study differ from Samavati et al study because they ran their regression using all the variables listed in the equation. The final regression for this study only included the variables real household net worth (NWR), labor productivity (PROD) and the interest rate (INT). Numerous regressions were conducted to decide which one gave the more suitable results and would support the notion that as household net worth increases the need to save diminishes. The model was estimated omitting INC variable because income was the only variable that exhibited a high correlation with the real household net worth. In Samavati, their estimation model excluded the PROD variable because their labor productivity was the only variable that exhibited a high correlation with current income.

The regression for this study differed from Samavati et al because they found that the interest rate was positive and statistically significant at the one percent level, which implied that the substitution effect of interest rate changes dominates the wealth effect and that higher interest rates encourage saving by increasing the opportunity cost of current consumption. We got different results from Samavati because of the timing of their data set. Their original data set started from 1980 to 2013 and I extended the data to include the recent years up to 2017. I found that both the interest rate and labor productivity variables were positive and not statistically significant on the personal savings rate due to interest rates decreasing over the years. Distinctly signifying that an increase in interest rates will make saving more attractive and should encourage saving while a cut in interest rates will reduce the rewards of saving and will lead to dissaving.
CHAPTER 4: CONCLUSION

The sharply declining trend of the personal savings rate over the past decades has triggered important concerns among economists and policymakers. The downward sloping personal savings rate, consequently national savings rate, presents numerous economic and social problems, triggering disparities in the structure of the economic system. Thus, the ongoing declining savings trend is a real-life phenomenon that needs further research as time goes on and populations continue to age. The long-term decline in the personal saving measure is due to multiple factors such as rising consumption, the wealth effect, increased transfer payments, shifts from traditional saving instruments and the increase of consumer credit card debt. 54

Researchers proposed that explanations for the downward declining trend in savings could be due to the low economic growth, the high level of household wealth and others. Majority of the factors that some of the theoretical and empirical studies used to explain the household saving behavior were found to have little to no effect on the savings rate trend. Other possible explanations for the low savings rate have been an availability of consumer credits, a higher level of household wealth, improved social security and pension systems, booms in stock and housing markets, recent technological advances and increases in labor productivity and many other determinants.

The results of this study validate that changes in the determinants of the saving rate suggested by economic theory can explain much of the recent trend in the personal saving rate. Specifically, it can be determined that fluctuations in household net worth

play an important role and negatively affect the saving rate. As net worth increases the need for saving decreases even with age and income being the underlying determinants. As household net worth increases, the consumption level increases while both saving and borrowing decreases. The consumption, saving and borrowing behaviors of the different economic classes is indeed affected by the variables age, income and net worth. Results also illustrates that age plays a vital role in savings, consistent with the conclusions of Thornton. Since age is a focal determinant of preferences, a variation in age distribution may change the significance of different commodities in the structure of consumption.

Individuals and households save for various reasons as old age, education, foreign travel, to purchase goods and services, houses and lands, illness and hospitalization and to meet any unexpected expenses. Motives, saving habits, age, income, income uncertainty, wealth, risk tolerance, saving horizon, homeownership, household composition, health status, education, race/ethnicity, self-employment, and unemployment have all been linked to some aspect of saving. As individuals move through early working phase in the life cycle, their consumption and borrowing behaviors increases while their ability to save declines. Individuals are beginning their careers and starting to encounter expenses resulting in their consumption level to increase as they age, until they reach retirement age.

Even though there have been quite a few agreeing explanations for the declining propensity of U.S. households to save, it seems that such theories continue to support the significance of the recent transformation of the United States into a nation of spendthrifts. For this exact reason, the U.S. personal saving rate will continue to remain a puzzle.
CHAPTER 5: FURTHER RESEARCH AND EXPLANATIONS

Doing further research for a topic of such importance is required as time progresses. Digging deeper into research can ultimately explain the declining trend of the personal savings rate. The highest recording of the personal savings rate is in 1971 reaching the highest of 13.5% and then dropping to just 10.3% in 1979, one year before the date for this study. In the 1980s, the financial sector experienced a period of difficulty that was focused on the nation’s savings and loan industry. Inflation and interest rates both rose tremendously in the late 1970s and early 1980s. In December 2017, the personal savings rate dropped to 2.4% being the third lowest rate ever recorded. The housing market crash of 2007 affected the way individuals and households saved during that recession period. With the fall in house prices, there tends to be a negative wealth effect and a negative impact on economic growth. Because households observed a fall in housing prices during the recession it reduced their confidence to spend. Households are more likely to allocate a higher percentage of their income to try to pay off their mortgage early.

While declining personal savings rates are their own cause for concern, the drop has been accompanied by a fixed increase in consumer debt. While mortgages make up majority of consumer debt, aggregate auto, student loan, and credit card debts also have increased over time. These three leading categories of non-mortgage debt are driving the total increase in consumer debt. As household’s debt increases the ability to save initially decreases.
REFERENCES


### APPENDIXES

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53
REGRESSION RESULTS

The SAS System

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The SAS System

The AUTOREG Procedure

Yule-Walker Estimates

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Parameter Estimates

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