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#### 2018 Athena Award nominees: Making the region better

Among many things, the goddess Athena is associated with wisdom, courage and strength. The 10 finalists for the ATHENA - an award bestowed by the Buffalo Niagara Partnership (and sponsored by Buffalo Magazine) that honors the valuable contributions made by individuals to advance the status of women in the region - exude these qualities in their professional and personal lives, empowering and inspiring future leaders in the community.

Here's a snapshot of where this year's finalists got started, who they leaned on along the way, how they've persevered and what they've accomplished.

#### COMPILED BY TRACEY DUFFY

Photos by Heather Bellini Photography

# **LEADERSHIP AWARD** FINALISTS



# DR. CATHERINE **COLLINS**

Member, New York State Board of Regents Adjunct Professor, Niagara University, Dept. of Professional Studies Ph.D. program

#### Interests outside career:

Dancing the waltz with the Amherst Victorian Dancers.

#### Superpower:

Organization.

#### First job:

Nurse's Aide at Children's Hospital.

#### Other firsts:

First female and African American in 234 years to hold elected position on the NYS Board of Regents representing the 8th Judicial District.

#### Life as an author:

Written and/or edited 13 books, including academic and self-help books for women; recently completed first children's book.



# NINA **HFARD**

Plant Manpower Planner/Coordinator General Motors Tonawanda Engine

#### Born in:

Flint, Michigan

#### Highlight of my career:

Being a part of the General Motors, Chevrolet and Diversity Communications team that was a driving force in seeing the Dr. Martin Luther King, Jr. Memorial in Washington, D.C. completed.

#### **Biggest supporters:**

My parents were my biggest fans and the ultimate role models. They believed in me, and my leadership skills, before I believed in myself.

#### Best piece of advice I've been given:

It only takes a second to get in trouble, but it may take a lifetime to get out of it.

#### Advice for women just starting out:

Always stand in your truth, even if sometimes you have to stand alone.



# TANYA M. **STAPLES**

Director, Community Schools

Say Yes Buffalo

#### **Guilty pleasure:**

"Law & Order, Special Victims Unit."

#### Career highlights:

Partnered with Child and Family Services to establish Transitional Housing for women at Haven House, and with the IRS to launch the first Volunteer Income Tax Assistance program.

# Biggest obstacle I've overcome:

I've had to have a great deal of patience as I continue to

make progress after being diagnosed with Bells Palsy two-and-a-half years ago.

# Best advice I've ever been given:

Perseverance and resilience are your best friends.

# Advice for women just starting in the workplace:

Only compare yourself to you.



## MICHELLE SULLIVAN

Director/Partner
Freed Maxick CPAs PC

#### Best descriptor:

Determined.

# What this recognition means:

It is extremely humbling. I hope other women can better envision their own career paths and success, and be encouraged and empowered.

# Dealing with disappointment:

Many of my greatest achievements started with adversity; it drives me to make an impact.

#### Career highlight:

I was the first woman at Freed Maxick to be on the firm's Executive Committee, taking a seat at the table where decisions are made that affect the future of the firm.

# Advice for women just starting out:

Challenge yourself to take opportunities outside your comfort zone and don't wait to be asked.

Rescue your beef! Three can't-miss grill hacks

Gin & tonics with a Buffalo twist

Glendorn: Rustic elegance a short drive away

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