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## The Atlanta KWANZAA Committee

The Arts Exchange
Atlanta Association of Black Psychologists
Collections of Life & Heritage Museum
Kommunity Arts Exchange
Friends of "Able" Mable Thomas
Gate City Heritage House
New Afrikan Peoples Organization

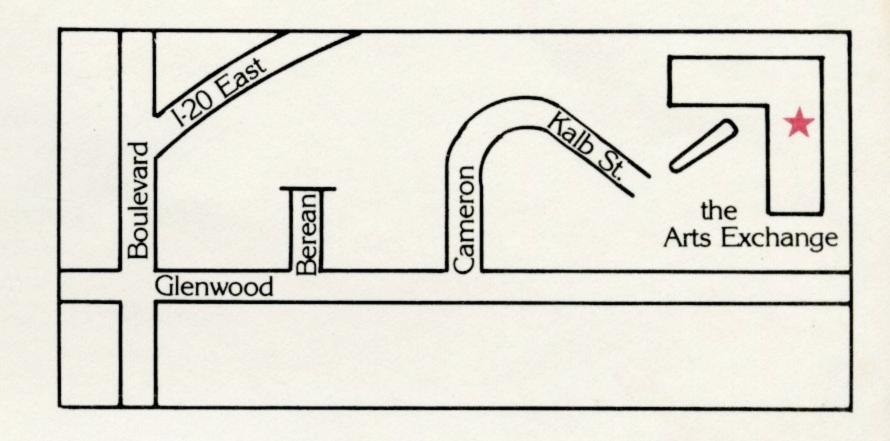
Programs also funded in part by the Fulton County Arts Council and the Georgia Council for the Arts and Humanities.

## The PAUL ROBESON Theater

750 KALB ST. SE

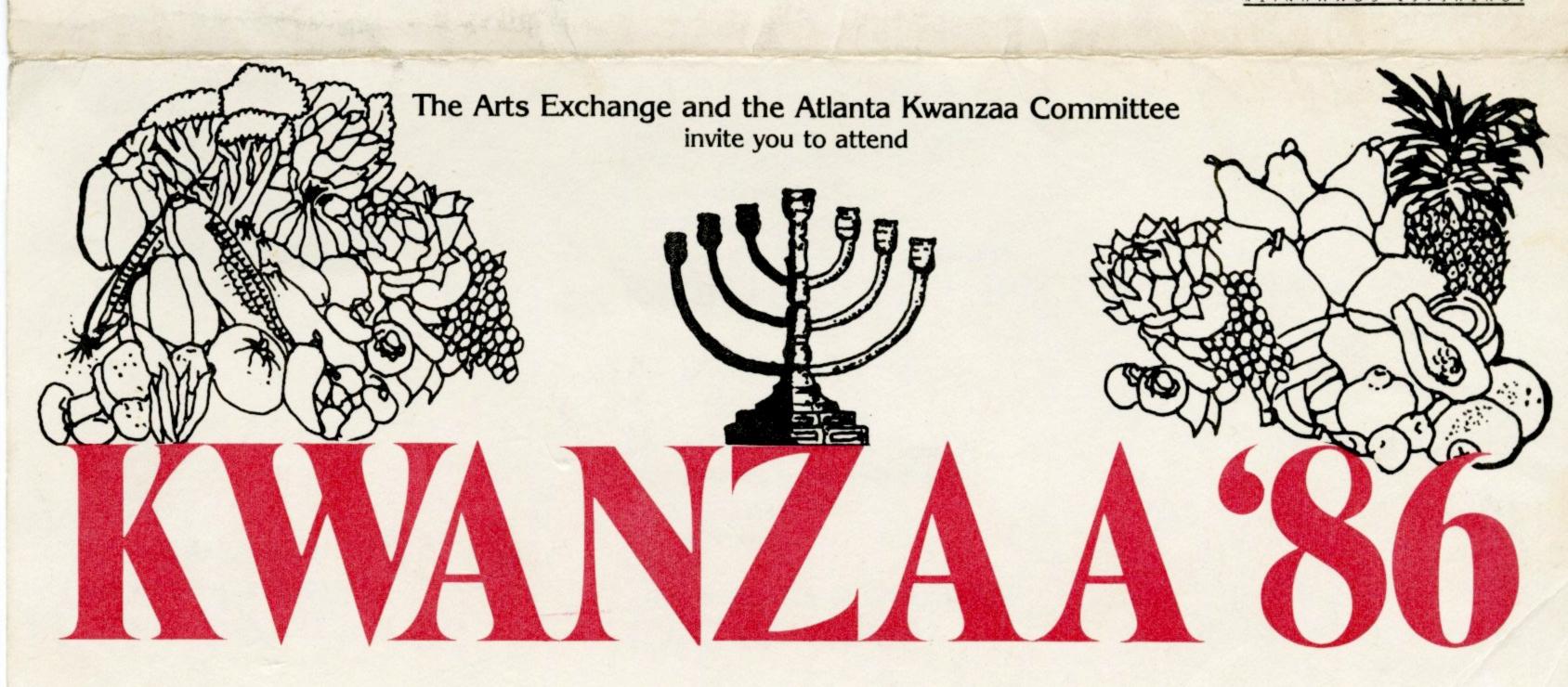
## **Directions:**

Interstate 20 to Boulevard exit, Left on Glenwood 2 blocks to Cameron, Left to Arts Exchange Theater driveway.



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THE ARTS EXCHANGE
The ARTS EXCHANGE
To Kalb Street
Atlanta, Georgia 30312



## Friday, December 26

The Arts Exchange 750 Kalb Street, S.E. 7:30 PM

**UMOJA—Unity**Tabala School of Martial Arts Poets Cynthia Watts African Dancing Community Expressions For more information, call 688-3376

## Saturday, December 27

The Arts Exchange 750 Kalb Street, S.E. 7:30 PM

## KUJICHAGULIA—Self Determination

Collective Naming Ceremony Black Belt Symphony New Afrikan Scouts Poetry Readings For more information, call 289-2342

## Sunday, December 28

Islamic Cultural Center 1225 Bankhead Highway, N.W. 4:00 PM

## UJIMA—Collective Work & Responsibility

Atlanta Progress Academy New Afrikan Scouts Ogelthorpe Elementary School Conscious Children's Center Gate City Heritage House Tabala School of Martial Arts Sis. Clara Muhammad School Harambee Sasa For more information, call 753-4174

## Monday, December 29

The Arts Exchange 750 Kalb Street, S.E. 7:30 PM

## **UJAMAA**—Cooperative Economics

Discussion of Principle Poetry Various Artists Community Expressions For more information, call 688-3376

## Tuesday, December 30

Cosmopolitan AME Church 170 Vine Street, N.W. 7:30 PM

## NIA—Purpose

African Dance Storytellers Atlanta Progress Academy Poet—Malkia M'Buzi Discussion of Principle For more information, call 525-7251

## Wednesday, December 31

Collections of Life & Heritage 135 Auburn Avenue 7:00 PM

## KUUMBA—Creativity

D'Twe Nyanseor Discussion of Principle Ancient Dancers of Mizraim Atlanta Progress Academy Storyteller—Akbar Imhotep African Dance Ensemble

## KARAMU FEAST—please bring a covered dish

or drink For more information, call 521-2654

## Thursday, January 1

## IMANI—Faith

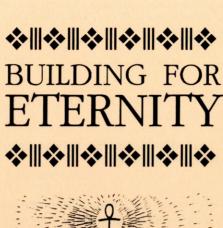
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- LOVING AND CARING
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NILE VALLEY SHULE



## TYPICAL DAY'S SCHEDULE

8:00 am	Teachers arrive
8:20 am	Students begin arriving
8:20 am - 8:45 am	Supervised play. Children choose activities from among several areas set up by teaching staff.
8:45 am - 9:15 am	Morning ritual. Children form Unity/Umoja circle for daily pledge, affirmations, songs, announcements discussion of day's objectives/assignments, honoring of ancestors and meditation.
9:15 am - 10:15 am	Language arts (reading, spelling, grammar, writing, literature, etc.)
10:15 am - 10:30 am	Break
10:30 am - 11:15 am	Mathematics
11:15 am - 12:00 pm	Social Studies
12:00 pm - 1:00 pm	Lunch (Two 30 minute sessions)
1:00 pm - 1:45 pm	Science/Health/Nutrition
1:45 pm - 2:00 pm	Break
2:00 pm - 2:45 pm	Second Languages
2:45 pm - 3:15 pm	Physical Development/ Creative Expression
3:15 pm - 3:30 pm	Prepare for dismissal

P.O. BOX 883, BFLO., NY 14215-0883 (716) 885-5457

## "WHOSOEVER CONTROLS THE MINDS OF OUR CHILDREN CONTROLS OUR FUTURE."

- MWALIMU JULIUS K, NYERERE

The **Nile Valley Shule** is an independent, African-centered educational institution. It provides a full-time academic program that meets all requirements of the state of New York. It is a non-sectarian, non-denominational entity where all faiths and beliefs are welcome.

It is our commitment to prepare our students to become leaders and workers for our people. Recognizing that we live in a society in which there are competing cultures and worldviews, we hold that true academic excellence can not be achieved apart from knowledge of one's own culture.

To affirm our cultural perspective, we practice the Nguzo Saba (the seven principles of nation building) developed by Dr. Maulana Karenga:

- 1. **UMOJA** (*Unity*): To strive for and maintain unity in the family, community, nation, and race.
- 2. **KUJICHAGULIA** (*Self-determination*): To define ourselves, name ourselves and speak for ourselves, instead of being spoken for by others.
- 3. **UJIMA** (Collective Work and Responsibility): To build and maintain our community together and to make our brothers and sisters problems our problems and to solve them together.
- 4. **UJAMAA** (Cooperative Economics): To build and maintain our own stores, shops and other businesses and to profit together from them.
- 5. **NIA** (*Purpose*): To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.
- KUUMBA (Creativity): To always do as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than it was when we inherited it.
- 7. **IMANI** (Faith): To believe with all our hearts in our parents (elders), our teachers, our leaders, our people and the righteousness and victory of our struggle.

We also affirm the development of character through instruction in and practice of the ethics of MAAT. MAAT represents the values/virtues of TRUTH, JUSTICE, HARMONY, BALANCE.

RECIPROCITY, PROPRIETY, ORDER, PEACE, GUID-ANCE AND LOVE.

"... it is in the development of character that instruction succeeds."

- Ankhsheshongi

The school is open to students in kindergarten through sixth grade. Enrollment is limited to 40 students.

**Nile Valley Shule** maintains an open admission policy.

**Nile Valley Shule** is not prepared to serve children with handicapping conditions who have been identified according to New York regulations as requiring special educational placements.

It is the policy of **Nile Valley Shule** to admit boys and girls of any race, color, religion, national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. The school does not discriminate on the basis of race, color, its educational policies, scholarship programs, or athletic and other school-administered programs. Tuition is \$2800 per year.

#### **CORE CURRICULUM AREAS**

The core curriculum content areas provide a framework for education and give organization to the curriculum. The following are our core curriculum areas:

LANGUAGE ARTS
SOCIAL STUDIES
MATHEMATICS
SCIENCE
PHYSICAL DEVELOPMENT
HEALTH AND NUTRITION
SECOND LANGUAGES
CREATIVE EXPRESSION AND AESTHETICS
SPIRITUALITY

#### INFORMATION REPLY PANEL

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ADDRESS
CITY —
STATE —————
ZIP
TELEPHONE
NUMBER OF CHILDREN
NAMES AND AGE(s) OF CHILDREN
(Please check appropriate areas of interest.
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THE AFRICAN AMERICAN CULTURAL CENTER 2560 West 54th Street Los Angeles, CA 90043



The African American Holiday of

## **KWANZAA**

—A Celebration of Family, Community and Culture—

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#### Kwanzaa: A Celebration of Family, Community and Culture\*

#### **ORIGINS**

Kwanzaa is an African American holiday celebrated from 26 December thru 1 January. It is based on the agricultural celebrations of Africa called "the first fruits" celebrations which were times of harvest, ingathering, reverence, commemoration, recommitment and celebration. Therefore, Kwanzaa is a time for ingathering of African Americans for celebration of their heritage and their achievements, reverence for the Creator and creation, commemoration of the past, recommitment to cultural ideals and celebration of the good.

To achieve, this, Kwanzaa focuses on fundamental collective values rooted in African culture and reflected in the best practices of African American people. Kwanzaa was created in 1966 by Dr. Maulana Karenga, professor and chair, Department of Black Studies, California State University, Long Beach, author and scholar-activist who stresses the indispensible need to preserve, continually revitalize and promote African American culture. Finally, it is important to note Kwanzaa is a *cultural* holiday, not a religious one, thus available to and practiced by Africans of all religious faiths.

#### THE FUNDAMENTAL VALUES OF KWANZAA

Kwanzaa was created to introduce and reinforce seven basic values of African culture which would contribute to building and reinforcing community among African American people. These values are called the *Nguzo Saba* which in Swahili means the *Seven Principles*. These principles stand at the heart of the origin and meaning of Kwanzaa, for it is these values which are not only the building blocks for community but serve also as its social glue.

The Nguzo Saba, first in Swahili and then in English are:

1. UMOJA (Unity)

To strive for a principled and harmonious togetherness in the family, community, nation and world African community.

- 2. KUJICHAGULIA (Self-determination)
- To define ourselves, name ourselves, create for ourselves and speak for ourselves.
- UJIMA (Collective Work and Responsibility)
   To build and maintain our community together and make our sister's and brother's problems our problems and to solve them together.
- \*Summarized from Maulana Karenga, The African American Holiday of Kwanzaa: A Celebration of Family, Community and Culture, Los Angeles: University of Sankore Press. (213) 295-9799.

#### 4. UJAMAA (Cooperative Economics)

To build our own businesses, control the economics of our own community and share in all its work and wealth.

#### 5. NIA (Purpose)

To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

#### 6. KUUMBA (Creativity)

To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.

#### 7. IMANI (Faith)

To believe with all our heart in our Creator, our people, our parents, our teachers, our leaders and the righteousness and victory of our struggle for a new and better world.

#### THE SYMBOLS OF KWANZAA

Kwanzaa has seven basic symbols and two supplemental ones. Each represents values and concepts reflective of African culture and contributive to community building and reinforcement. These basic symbols again in Swahili and then in English are:

#### 1. MAZAO (Crops)

Symbolic of the traditional harvest celebrations and of the rewards of productive and collective labor.

#### 2. MKEKA (Mat)

Symbolic of our tradition and history and thus, the foundation on which we build.

3. KINARA (Candleholder)

Symbolic of our roots, our parent people—continental Africans.

4. MUHINDI (Corn)\*

Symbolic of our children and thus our future which they embody.

5. ZAWADI (Gifts)

Symbolic of the labor and love of parents and the commitments made and kept by the children.

6. KIKOMBE CHA UMOJA (Unity Cup)

Symbolic of the foundational principle and practice of unity which makes all else possible.

7. MISHUMAA SABA (The Seven Candles)

Symbolic of the Nguzo Saba, the Seven Principles, the matrix and minimum set of values by which Black people must live in order to rescue and reconstruct their lives in their own image and according to their own needs.

Alternative words for this are Suke (Masuke) and Kibunzi (Vibunzi), both meaning ears of corn.

The two supplementary symbols are:

- 1. BENDERA (Flag)
- The Black, Red and Green colors given by the Hon. Marcus Garvey as national colors for African people throughout the world. The meaning of these colors are Black for the people, Red for their struggle and Green for the hope and future that comes from their struggle.
- 2. NGUZO SABA POSTER (The Seven Principles)

#### **KWANZAA GREETINGS, COLORS & DECORATIONS**

The greetings during Kwanzaa are in Swahili. Swahili is a non-ethnic and Pan-African language and is thus chosen to reflect African Americans' commitment to the whole of Africa and African culture rather than to a specific ethnic group or ethnic culture. The greetings are to reinforce awareness of and commitment to the Seven Principles. Thus, one asks in greeting, "Habari gani?" (Hah-bah'-ree gah'nee) which means "What news?" And the other replies, "Umoja (Unity)" the first day, "Kujichagulia" the second day, and on the last day one answers "Imani."

The colors of Kwanzaa are Black, Red and Green as noted above and should be utilized in decorations for Kwanzaa. Also, decorations should include traditional African items, i.e., patterns, art objects, harvest symbols, etc.

#### **KWANZAA ACTIVITIES**

Kwanzaa has two basic kinds of activities—family-centered and community-centered. Family-centered activities may be any activities that the family chooses to introduce, reaffirm, teach and express the Nguzo Saba. For example at a chosen meal, one or more members can explain the Principle for the day and say how s/he practiced it. Also, gifts are given to children, but must always include a book and a heritage symbol. The book is to emphasize the African value and tradition of learning stressed since Ancient Egypt, and the heritage symbol to reaffirm and reinforce the African commitment to tradition and history.

Community-centered activities can be the collective African karamu (feasts), especially on 31 December, various school activities or any other collective activity which calls for ingathering of the people and reinforcing their cultural values and the bonds between them as a people.

#### **SWAHILI PRONUNCIATION**

Swahili pronunciation is extremely easy. The vowels are pronounced like those of Spanish and the consonants, with only a few exceptions like those of English. The vowels are as follows: a = ah as in father; e = a as in day; i = ee as in free; o = o as in go; u = oo as in too. The accent is almost always on the penultimate, i.e., next to the last, syllable except for a few words borrowed from Arabic which are irrelevant here.

#### KWANZAA PUBLICATIONS AND SYMBOLS

- 701 The African American Holiday of Kwanzaa: A Celebration of Family, Community and Culture, Maulana Karenga, 1989, 116 pp. (paper).
  FROM THE CREATOR OF KWANZAA!
  In this new volume, the creator of Kwanzaa stresses the ancient African cultural values and practice which informed the development of Kwanzaa as well as the basic values of Kwanzaa, the Nguzo Saba, the symbols of Kwanzaa and Kwanzaa activities for the family and community.

  \$9.95
- 702 Kwanzaa: A Special Holiday, Subira Kifano.

  This is a resource book which explains the holiday for children and gives them various activities for participation. As a teacher in public and independent elementary schools, the author has included information for teachers and parents which will facilitate the explanation of the holiday to children. (Forthcoming)
- 703 VHS Videocassette: "THE AFRICAN AMERICAN HOLIDAY OF KWANZAA: A Celebration of Family, Community and Culture." This video includes 1) an interview with the creator of Kwanzaa, Dr. Maulana Karenga, 2) a Kwanzaa candlelighting ceremony, 3) an explanation of Kwanzaa values, symbols and practices, 4) how to celebrate Kwanzaa at home with the family, 5) how to celebrate Kwanzaa with students in the classroom, 6) the Kwanzaa Karamu (Feast) and more. Running time: Fifty minutes. \$29.95
- 704 Kinara (Candleholder). A striking 5½" x 14" hand-crafted wooden candleholder. To accent the natural beauty of the wood, it is hand-sanded and wood-burned. It is shaped in the form of the great step pyramid of Egypt.
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- 705 Mishumaa Saba (Seven Candles). Seven 10" candles of fine quality and color: one Black, three Red and three Green. \$7.00
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- 708 Mkeka (Mat). A tightly woven light brown, 24" x 24" straw mat on which to place the other symbols.\$6.50

- 709 Bendera (Flag). The black, red and green African American national flag. The approximate size is 2' x 3'. \$20.00
- 710 Nguzo Saba Poster (Seven Principles Poster). An elegantly designed 8" x 10" poster on tan parchment paper listing and defining the Seven Principles of Kwanzaa. \$1.00
- 711 Kwanzaa Set. Includes all the basic Kwanzaa symbols (704-708), and the Nguzo Saba Poster (710). \$50.00
- 712 25th Anniversary Kwanzaa Poster. A beautiful 18" x 24" full color poster specially designed for the 25th Anniversary of Kwanzaa. Highlighted by a striking picture of the Kwanzaa set. Lists the Nguzo Saba in Swahili and English. Perfect for your home or workplace. \$5.00

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Kwanzaa Book & Poster: Add \$2.50 for the first and .50 for each additional.

Nguzo Saba Poster: Add .50 for the first and .25 for each additional.

Complete Kwanzaa Set: Add \$5.00 for each set and .50 for any additional item.

All other items: Add \$4.00 for the first item and .50 for each additional item.

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#### Church Year Book, Westminster House 1893:

"It is not a church but hopes to be a helper to all churches. It is not a charity but expects to aid in the organization and cooperation of all charities. It is not an exclusive social circle, but aspires to be a center of the best social life and interests of the people. It is not a school, but proposes to be a source and agency of educational effort and general culture. It is non-political yet has begun to be a rallying point and moral force for civic patriotism. It is non-sectarian, but avowedly Christian and openly cooperative with the churches."

Serving a predominantly German population, our neighborhood houses continued to meet the demands of the early 1900s—providing child care, educational opportunities, social interaction, relief efforts and medical care to low income families and individuals.



## urrently,

BFNC programs operate from six locations:

- Westminster Community House, still at 421 Monroe Street;
- Neighborhood House Association, 76 Orange Street;
- Moot Senior Citizens Center, 292 High Street;
- Fruitbelt Towers, 233 Lemon Street
- 775 Main Street, Suite 415
- 330 Forest Street

The BFNC is funded by the United Way, various foundations and government agencies, private contributions, and fees-for-services.

Our services are provided by approximately 75 full-time and 45 part-time staff members, whose efforts are supported by a number of dedicated volunteers.



Buffalo Federation of Neighborhood

Centers, Inc.

76 Orange St. Buffalo, NY 14204

For information on how you can help carry our Neighborhood Houses through the next century call: (716) 856-0363

BROCHURE DESIGNED BY DONNA EVANS & BAABA ISSA OMARI

"Lift up your eyes upon this day breaking for you."

- Maya Angelou

A Century of Good Neighbors

Buffalo Federation of Neighborhood

Centers, Inc.

# esterday

It's the early 1890s and the circle forms:

- Recession leads to food riots among Buffalo's poor.
- City churches prepare to respond to the crisis. They divide the city into manageable service districts.
- Westminster House, 421 Monroe St., is established by the Westminster Presbyterian Church, 1893.
- Neighborhood House, 682 Oak St., is established by the First Unitarian Church, 1894.





As time progressed and the neighborhood populations changed, these organizations adopted programing which responded to the new challenges.

In 1981 Westminster House and Neighborhood House merged and BFNC—the Buffalo Federation of Neighborhood Houses—emerged.



The mission of the BFNC remains constant with the mission of neighborhood houses since 1893 – to improve quality of life for the people and neighborhoods we serve by



preparing, equipping and empowering them to meet the challenges of contemporary urban life – to help both our people and our neighborhoods realize their full potential.

#### Children and youth services:

The BFNC's state-licensed day care and preschool programs give youngsters a head start during their most critical stages of development.

Children ages 18 months to five years enjoy mind- and body-nourishing meals served three times daily. Preschoolers expand their horizons and gain

early experience in city living on field trips to museums, the zoo, parks and libraries.

Our after-school progams empower five- to 14-year-olds to reach academic



heights through extra-curricular training in math, science, English, writing, and computer skills. Participation in recreational activities and volunteer services which emphasize values equip youngsters with urban living skills.

#### Teens:

Unemployment rates for teens hover around 20% for the white population and 50% for the black population. Our city has the highest rate of teen pregnancy in New York. At about 170 pregnancies per 1,000 females it is almost double the rate in the rest of the state.

Our Teenage Possibilities Program empowers teens and directly addresses these challenges by focusing on sexual responsibility, decision-making/problem-solving skills, and coping with peer pressure.

Westminister Community House channels teen energies in positive directions—sports, games, arts, crafts, and field trips. As participants in the Mayor's Summer Youth Program we help youth gain employment experience. In addition, we support—and advocate for—youth and parents involved in public school suspension hearings, or with the Committee on Special Education.

#### Seniors:

Moot Senior Citizens Center—our seniors' home away from home—provides the warmth of friendly smiles and conversation over a hot, nutritious lunch each day. Recreation includes bowling, chorus, Bingo, jewelry making, ceramics, sewing, cards and physical fitness on a daily basis, but that is only part of the story.

Center staff and members join forces and ensure each senior receives any help he or she might need: from bill-paying, budgeting and shopping assistance; to housing, transportation, and medical problems. The homebound are visited, the departed honored and remembered.



#### Persons with special needs:

Persons with mental and/or developmental disabilities are assisted by individual case management and training programs. We provide various living opportunities including 24-hour supervision and the oversight of apartments in the community, to help these individuals cope with urban life to the fullest extent of their potential.

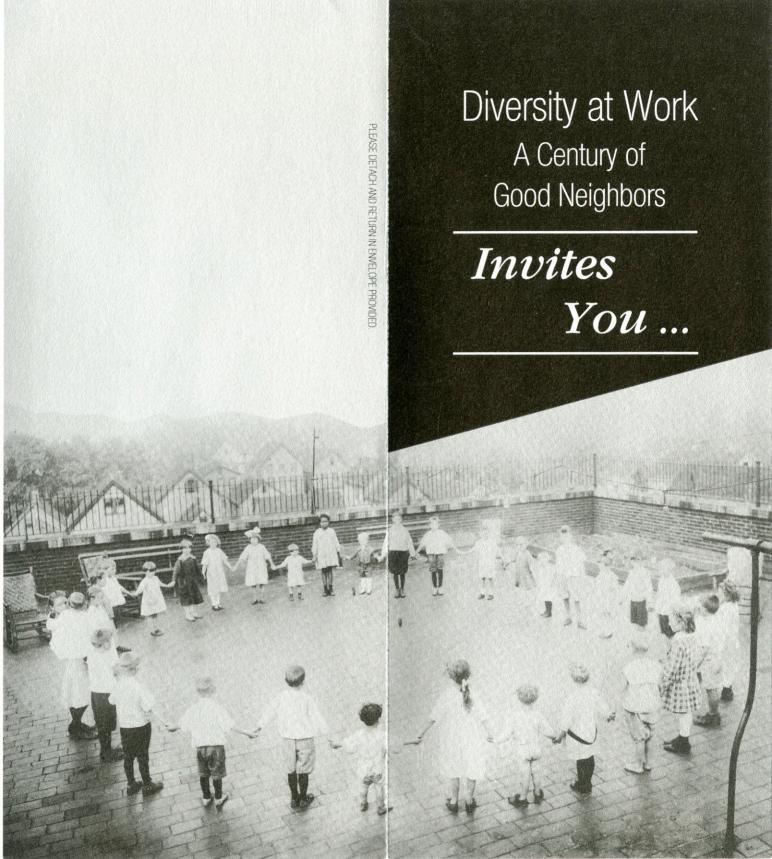


Over the past 100 years, the BFNC circle has served people of diverse ethnic and cultural backgrounds. As we face our next 100 years, our neighborhood will evolve once again and the needs of the people we serve will continue to change.

Our plan is to rise to the challenge: to renovate, improve and refurbish our facilities; to strengthen, enhance, and enlarge the scope of our programs so that—for our neighbors—quality of life is the best it can be. Neighborhood House and Westminster House—BFNC—are now, and will continue to be:

Yesterday, Today and Tomorrow

Diversity at work.



## **Buffalo Federation of Neighborhood Centers'**

#### Centennial Celebration Dinner

An event to celebrate our

100 years

#### of uninterrupted service

to Buffalo's neighborhoods by BFNC's predecessor organizations - the WESTMINSTER COMMUNITY HOUSE and the NEIGHBORHOOD HOUSE ASSOCIATION.

#### Please join us on Friday, November 12, 1993

5:30 p.m. (cocktails) 6:30 p.m. (dinner) Buffalo Hilton, 120 Church St. \$35 per person / \$500 for table of 10

Dinner Chairpersons:

Patricia Baubonis Mary Ricks-Stephens

Honorary Chairpersons:

Congressman Jack Quinn
Senator Anthony Masiello
Assemblyman Arthur O. Eve
Legislator Roger I. Blackwell
Legislator Len Lenihan
Council President George K. Arthur
Councilman James W. Pitts
Councilman David A. Collins

Honorees:

Westminster Presbyterian Church Unitarian Universalist Church of Buffalo Adelbert Moot and Family

Alberta Nelson Mary Hankerson Viola Truehart

Adelbert Moot and Family

Moot Seniors:

#### Please R.S.V.P. by Thursday, November 4, 1993.

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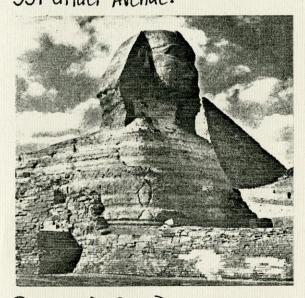
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"Who if not us
will be responsible
for the lives
of Our Children?"

<u>eeedddaddaddad</u>



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cordially invites you to
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and supporters.
Saturday, December 16, 1989
from five to seven in the
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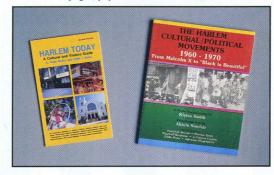
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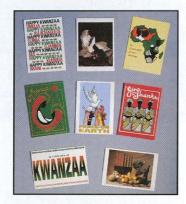
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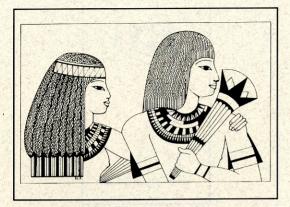
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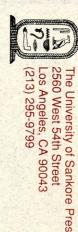
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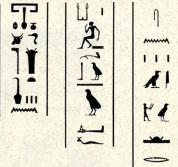
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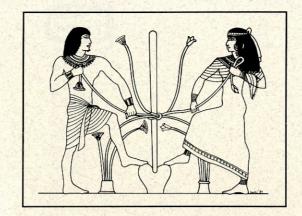
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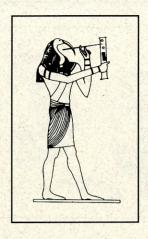
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