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**Educational Opportunity Center
University at Buffalo
State University of New York**

2nd Annual One Day Women's Conference

Theme:

"Striking a Balance: Promoting Wellness"

May 7, 1993

8:30 a.m.

EOC Auditorium

"Striking a Balance: Promoting Wellness"

Agenda

- 8:30 Registration and Continental Breakfast
- 9:00 Opening Plenary and Welcoming Remarks
Betty Pierce-Williams
EOC Campus Minister
- 9:30-10:45 **Session I**
- "Women of Color and Cancer - Plus!"
(Health is your Greatest Gift)
- Constance B. Eve
Mamie B. Johnson
Vernette B. Patterson
The Buffalo Chapter of the Links, Inc.
- Gayle Bersoni, R.N.
Martha Oliveras, R.N.
Roswell Park Cancer Institute
- 11:00-12:15 **Session II**
- 2 Concurrent Workshops
- Option A: "A Time to Heal"
(Issues of Protection and Domestic Violence)
- Carmen Melendez
Domestic Violence Coordinator
Hispanics United of Buffalo
- Option B: "Keeping Your Head Above Water"
(Balancing your Personal and Professional Life)
- Mary Carter
Consultant/Trainer
formerly: Director of Children's Services
Erie County Department of Social Services
- 12:30-1:30 **Luncheon**

"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth".

III John 2

These words of John express the desire of the Women's Conference Committee for each one of you today.

By our participation in this conference we are declaring our rights and privileges as God's children to be the best He's preparing us to be.

We come recognizing that along with these rights and privileges come responsibilities.

We maintain that as women, we have a divine imperative to feed our bodies, minds, and spirits with only those things which will enable us to grow and prosper.

We affirm that this responsibility shall also extend to our families and the community at large.

The committee is happy for your presence, for your participation and your willingness to share in this wellness experience.

Agenda (continued)

1:30-2:00

Keynote Address

Dr. Catherine Collins
Coordinator/Instructor
Nursing Assistant Program
Educational Opportunity Center

2:00-2:30

Closing Plenary

Patricia Moss
Academic Counselor
Educational Opportunity Center

2:30-3:00

Jazzercise!

Denise Y. Hood
Coordinator
Buffalo Postsecondary
Consortium of Special Programs

Conference Committee Members

Karen Blake

Sylvia Caceres

Denise Hood

Ollie Mixon

Patricia Moss

Marcelina Rondon

Amy Skretny

Debra Thompson

Valerie Wiggins

Betty Pierce-Williams

Thank you for your participation

Have a Great Summer!