5-7-1993

Events & Outreach; 1993-05-07; Women's Conference

Catherine Collins

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2nd Annual One Day Women's Conference

Theme:

"Striking a Balance: Promoting Wellness"

May 7, 1993

8:30 a.m.

EOC Auditorium
Striking a Balance: Promoting Wellness

Agenda

8:30  Registration and Continental Breakfast

9:00  Opening Plenary and Welcoming Remarks
      Betty Pierce-Williams
      EOC Campus Minister

9:30-10:45  Session I
"Women of Color and Cancer - Plus!"
(Health is your Greatest Gift)
      Constance B. Eve
      Mamie B. Johnson
      Vernette B. Patterson
      The Buffalo Chapter of the Links, Inc.
      Gayle Bersoni, R.N.
      Martha Oliveras, R.N.
      Roswell Park Cancer Institute

11:00-12:15  Session II
2 Concurrent Workshops

Option A:  "A Time to Heal"
(Issues of Protection and Domestic Violence)
      Carmen Melendez
      Domestic Violence Coordinator
      Hispanics United of Buffalo

Option B:  "Keeping Your Head Above Water"
(Balancing your Personal and Professional Life)
      Mary Carter
      Consultant/Trainer
      formerly: Director of Children's Services
      Erie County Department of Social Services

12:30-1:30  Luncheon

"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth".

III John 2

These words of John express the desire of the Women's Conference Committee for each one of you today.

By our participation in this conference we are declaring our rights and privileges as God's children to be the best He's preparing us to be.

We come recognizing that along with these rights and privileges come responsibilities.

We maintain that as women, we have a divine imperative to feed our bodies, minds, and spirits with only those things which will enable us to grow and prosper.

We affirm that this responsibility shall also extend to our families and the community at large.

The committee is happy for your presence, for your participation and your willingness to share in this wellness experience.
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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
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<tbody>
<tr>
<td>1:30-2:00</td>
<td>Keynote Address</td>
<td>Dr. Catherine Collins</td>
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<td>Coordinator/Instructor</td>
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<td>Educational Opportunity Center</td>
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<td>2:00-2:30</td>
<td>Closing Plenary</td>
<td>Patricia Moss</td>
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<td>2:30-3:00</td>
<td>Jazzercise!</td>
<td>Denise Y. Hood</td>
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Conference Committee Members

Karen Blake
Sylvia Caceres
Denise Hood
Ollie Mixon
Patricia Moss
Marcelina Rondon
Amy Skretny
Debra Thompson
Valerie Wiggins
Betty Pierce-Williams

Thank you for your participation

Have a Great Summer!